

PECSF in the Greater Victoria Region



FS0341



*Boys and Girls Club of
Greater Victoria*

**Outdoor Centre After-School
Youth Program**

An innovative after-school youth program that builds upon the Club's successful community club and adventure-based programs for children and youth in grades 5-8 in the Capital Region. Offered during the after-school hours when studies have shown that young people are most vulnerable to victimization and being drawn into antisocial behaviours. The program provides emerging teens in the Greater Victoria area with fun, social and recreational youth-led outdoor activities that help them gain leadership skills build healthy relationships and experience new opportunities.

FS0335



*Child Abuse Prevention
and Counselling Society
of Greater Victoria*

No Place to Go Program

Supports the provision of no-cost, trauma informed individual and group counselling services to 35 children traumatized by abuse or bullying in the Greater Victoria area. VCAPCC only receives operational funds for sexually abused children and the Child and Youth Advocacy Centre. These children/families have 'no place to go' due to the lack of discretionary income to purchase counselling services.

FS0344



*Crisis Intervention and
Public Information
Society of Greater
Victoria*

**Youth Suicide Prevention
Program**

The Prevention program works to prevent youth suicide and promote mental wellness. It pursues several service strategies—education, awareness and support. It saves lives-- getting youth timely help, engaging them in conversations about issues linked to shame and stigma, and making them aware that support is available.

FS0168



*Friends of Living and
Learning Through Loss*

Good Grief Workshops

LTL understands the personal, social, and economic impact that unresolved grief can have on a youth, their family, and society. We define loss broadly: death of a loved one, divorce of parents, moving, relationship breakups, substance use issues, illness, cultural loss, and any other event that disrupts a youth's anticipated daily living. Our programs are available free to youth aged 12 to 18 in the Greater Victoria area and school districts. Programs are trauma-informed and based in experiential learning and the importance of peer support, play, and nature to help promote healing and resiliency.

Fund Supported (FS) Pool 2017-2019

Supporting one or more of these programs/projects in your region is simple!

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FS0340



*Greater Victoria
Volunteer Society*

**Youth Volunteer Advising
Program**

Created more than 20 years ago to meet the specific needs of individuals aged 15 to 29. We meet youth where they are at (literally) in schools, community centres, and in public spaces across Greater Victoria from Sooke to Sidney. We help youth understand their rights and obligations, explore their volunteering needs, experiment safely with options, and build a strategic volunteering plan so they can build their pre-employment and employment skills, learn life skills, and find places to belong, add value, and be involved in community.

FS0339



*Island Sexual Health
Society*

**Breaking Down Barriers
Program**

Breaking Down Barriers aims to educate and empower vulnerable community members. People with limited access to services are less likely to be educated about their health care needs. Over the past 8 years, we have experienced a large increase in the number of requests for education from groups who experience social, economic, financial, cultural barriers to sexual health education. These barriers increase the risk of negative health outcomes such as unhealthy relationships, unintended pregnancy and/or sexually transmitted infections. Our workshops cover a range of topics including, but not limited to: safer sex practices, contraception, how to access clinical services, post-partum sexuality, and mentorship training for parents and community advocates.

FS0346



*Juvenile Diabetes
Research Foundation*

**Community Engagement
Programs**

Bag of Hope Program: For children under 12, the Bag of Hope also includes Rufus, the Bear with Diabetes, a plush bear designed to help children learn about insulin injections.

Mentorship Program: JDRF Mentors in Great Victoria provide one-on-one support to families living with diabetes; connect families with resources in their communities; and engage families as new members of the JDRF family.

Youth Ambassador Program: brings youth together with other young people with a personal understanding of what it is like to live with Type 1 Diabetes (T1 D), enabling them to connect with each other and with the community at large. The program provides youth living with T1 D with the opportunity to share their personal story of living with T1 D, give each other emotional support, and learn from each other on their journey of growing up with T1 D.

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FS0336



*KidSport of Greater
Victoria*

**Season of Sport Registration
Grants**

Provides season-of-Sport registration grants to enable over 10,000 local children facing financial barriers to participate in a season of sport of their choice. We work with ~200 local sport organizations to ensure a seamless delivery of high quality, varied sports opportunities for children who wouldn't otherwise have access to organized sport.

FS0347



*Multiple Sclerosis
Society of Greater
Victoria*

Equipment Provision

People living with multiple sclerosis have the right to be as independent as possible and to remain vital and functioning individuals within their homes and communities. The Quality of Life Grants for Equipment Provision Program (EPP), run by the MS Society BC & Yukon division, help to make that a reality. Our program assists people with MS who are financially unable to purchase equipment and are ineligible under any other program or service for the provision of the equipment. We help the client to exhaust all other potential sources of funding before approving an application for equipment or repairs.

FS0342



*Mustard Seed Street
Church*

**Neighbourhood Hamper
Delivery Program**

Funding supports the continued expansion and growth of our Neighbourhood Hamper Delivery Program (NHDP). This program currently delivers food to 12 partner agencies, serving 412 marginalized community members. The NHDP has continued to increase capacity through our collaboration with the Food Share Network, a partnership of over 40 non-profit organizations. Furthermore, the launch of the Food Rescue Project has allowed us to include additional non-perishable food items in our hampers.

FS0348



*Our Children's Centre
Society of Greater
Victoria*

Sportball Program

Our Children's Centre strives to provide high-quality programming for children around Greater Victoria who attend the child care facility. Every week we offer Sportball, a multi-sport program designed to promote physical literacy, encourage teamwork, and build self-confidence in young children. Research shows that the benefits of physical literacy aren't limited to physical health. It also improves academic performance, cognitive skills, mental health, social skills, and healthy lifestyle habits. Sportball also teaches fundamental life skills in an active play format; important social skills such as positive communication and how to handle winning and losing are developed in a fun environment.

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FS0337



*Society for Kids at
Tennis*

Kids at Tennis (KATS) Program

Employing the Tennis Canada “Progressive Tennis” approach, we provide racquets, balls and nets that are age and size appropriate. This allows for the rapid development of confidence and encourages continued play between and after classes.

FS0163



Spinal Cord Injury BC

Peer Support Program

Our Peer Support Program gives people with a spinal cord injury, their family and friends the opportunity to connect with others in similar situations, try activities they never imagined possible and continue learning about living well with an injury.

FS0345



*Surrounded by Cedar
and Family Services
Society*

**Aboriginal Back to School
Program**

The program began in 2002 as a picnic for 45 children and their families. We provide grade specific school supplies, quality backpack, a gift (2017 is a lunch cooler with First Nations art), a healthy lunch and lots of fun games and activities. The program originally started as a poverty relief program with an emphasis on celebrating our children’s return to school. The founding principles of the program were to ensure that no one felt like they were lining up at a food bank. We wanted everyone to feel like they were a part of the joy and part of the enthusiasm whether they were a parent or grandparent, a volunteer or partner employee child young or old. We quickly realized that the program was more than relieving poverty; we were instilling pride in our children. School was somewhere they could excel and feel included.

FS0343



*Threshold Housing
Society*

**Life-Skills and Life-Foundations
for Homeless Youth**

Activities are done in the context of communal dinners and gatherings that cultivate belonging, inclusivity and connectedness, in hopes of mimicking a normal family setting. Facilitators and guests are invited for dinner with the presentation taking place afterwards. More, the youth are provided with a choice of creative activities that include not only how to cook and to search for a job, but music, art, gardening and field trips.

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FS0254



Victoria Cool Aid Society

Downtown Community Centre

The DCC hosts a wide variety of free, healthy recreation and life skill programs for thousands living and working in the heart of downtown and elsewhere. Programs operate at the Community Centre every day of the week. The Downtown Community Centre remains the only community centre within the Capital Region to offer all free programs with equipment included, thereby removing the financial barriers that would prohibit participation by many people. As a result, we also have participants who live throughout the CRD.

FS0191



Victoria Sexual Assault Centre

Crisis and Information Services

Functions as a bridge between services in our agency, and in the community at large, ensuring that immediate information support is available at all times. There are three components to this service: the Crisis and Information Line, Information Meetings and Workshops for Supporters. VSAC's Crisis and Information Service is a 24-hour immediate response service available by phone or in-person (during business hours) for people in our community who have been impacted by sexualized violence.

FS0191



Victoria Women's Transition House

Volunteer Program

Volunteers are integral to the operation of VWTH, and are active in helping us deliver our programs and services to the vulnerable women and children in our community who are seeking safety and fleeing from domestic abuse. Program enhances the quality and delivery of VWTH services; educate and help develop the skills and knowledge of our volunteers in the field of violence and abuse against women; empower women who have experienced and/or been affected by relationship violence and abuse to give back to the community and serve others in need of support; increase the public awareness of violence and abuse in intimate relationships through our volunteers, who then become our ambassadors in the community by sharing their knowledge within their network of family, friends and colleagues.

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