



Rate Type	Current Rate	Future Rate (effective August 1, 2023)
Shelter		
1 person example	\$375	\$500
2 persons example	\$570	\$695
Supplements		
Crisis Food	\$40 per person per month	\$50 per person per month
Crisis Clothing	\$100 per person per year	\$110 per person per year
Medical Transportation Rate and the Transportation to A&D Facility Rate	Mileage - \$0.20/km* Meal - \$4/meal *Temporarily increased to \$0.25 until March 31, 2023.	Mileage - \$0.36/km Meal - \$8/meal
School Start-Up Supplement	\$100 per child, aged 5 to 11 years	\$120 per child, aged 5 to 11 years



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School Start-Up Supplement	\$175 per child, aged 12 to 18 years	\$210 per child, aged 12 to 18 years
Diet Supplement Rate: Restricted Sodium	\$10 per month	\$15 per month
Diet Supplement Rate: Kidney Dialysis	\$30 per month	\$50 per month
Diet Supplement Rate: Diabetes	\$35 per month	\$60 per month
Diet Supplement Rate: <ul style="list-style-type: none"> • Gluten-free Diet • Dysphagia • High Protein Diet • Ketogenic Diet • Low Phenylalanine Diet (PKU) 	\$40 per month	\$65 per month
Diet Supplement Rate –Cystic Fibrosis	\$50 per month	\$80 per month
MNS Rate – Nutritional Items	Up to \$165 per month	Up to \$180 per month



Rate Type	Current Rate	Future Rate (effective August 1, 2023)
MNS Rate – Vitamins & Minerals	Up to \$40 per month	Up to \$45 per month
Natal Supplement – Rates, single pregnancy/birth	\$45	\$80
Natal Supplement – Rates, multiple pregnancy/births	\$90	\$160
Natal Supplement – Duration	Provide for the duration of pregnancy, upon confirmation, and up to 6 months following the birth of child/children	Provide for the duration of pregnancy, upon confirmation, and up to 12 months following the birth of child/children
Winter Supplement (Formerly Named Christmas Supplement)	\$35 single person per year \$70 plus \$10 per child, per year Family Unit with Children	\$60 single person per year \$120 plus \$20 per child, per year Family Unit with Children