

How do I take the course?

You can access Online Parenting After Separation and Online Parenting After Separation for Indigenous Families at: www.gov.bc.ca/parentingafterseparation

You can also find more information about these courses and other services at: www.gov.bc.ca/familyjustice

If you require a certificate, please make sure that you complete the online course registration.

Enquiry BC

Enquiry BC can give you the phone number of the nearest Family Justice Centre or Justice Access Centre, which offers services for families experiencing separation or divorce.

In Vancouver, call: 604 660-2421

In Victoria, call: 250 387-6121

In other areas of the province, call toll free:
1 800 663-7867

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Parenting After Separation

For your child's future



Free Course

- ▶ Are you a parent currently going through separation?
- ▶ Are you helping children adjust to changes after family separation?
- ▶ Would you like information about options for resolving family disputes, including mediation, counselling and court?

What is Parenting After Separation (PAS)?

Parenting After Separation is a free online course for parents and others who have a responsibility to make decisions for children.

Parenting After Separation is made available by the Ministry of Attorney General. The purpose of the course is to help people make informed choices about family separation that focus on the best interests of the children.

If you or a family member identify as Indigenous, you can take the online Parenting After Separation for Indigenous Families course.

What will I learn?

- ▶ How adults and children experience the process of separation.
- ▶ Strategies to help families adjust to change.
- ▶ How to speak to children about separation.
- ▶ Effective ways to communicate to reduce conflict.
- ▶ How to keep children out of the middle of conflict.
- ▶ Options for resolving family disputes, including mediation, counselling and the court process.
- ▶ How the Child Support Guidelines are applied.
- ▶ Resources in the community for parents and children.

Legal advice is not provided.

How much does it cost?

Parenting After Separation is free.



Who takes Parenting After Separation and when?

Parenting After Separation is available to all adults dealing with issues of guardianship, parental responsibilities, parenting time, contact with a child and/or support.

Parenting After Separation is available online.

In some communities in British Columbia, parents **must** complete a Parenting After Separation course and receive a certificate before going to court on matters such as guardianship, parenting arrangements (including parental responsibilities, parenting time), contact with a child and/or support. This also includes changing an existing order for these matters. A certificate from Parenting After Separation for Indigenous Families also satisfies the court requirement. Your certificate expires after 24 months. The court registry where you file your application to court can tell you if completion is mandatory.

In these communities:

- ▶ Both parents must complete a Parenting After Separation course, whether they are married, living common law or have never lived together.
- ▶ Other parties who have made an application to court, such as grandparents and step-parents, must complete a Parenting After Separation course.



When your matter is urgent

If the safety of you and your children is of concern, or you feel your situation is urgent, tell court registry staff when you file your application.