



Does the Family Justice Counsellor tell my parents everything I say to them?

Everything you say to a Family Justice Counsellor is confidential and that means they cannot tell anyone else what you have said.

The Family Justice Counsellor will take notes. At the end of the meeting the Family Justice Counsellor will go through those notes with you and ask you what you would like to keep confidential or private. The Family Justice Counsellor will only tell your parents the parts that you want to tell them.

Will my parents have to do what I want them to do?

No, your parents want to hear your ideas, but they also have ideas about what they think is best for your family. Their decisions may not always be exactly what you suggest.

How long will my meeting with the Family Justice Counsellor be?

Less than one hour.

What happens after?

The Family Justice Counsellor will meet with your parents at another time and share what you would like to tell them. After hearing what is important to you, they will continue to make decisions for you and your family.

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Ministry of
Attorney General



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WHY AM I GETTING THIS BROCHURE?

Your parents are talking to a Family Justice Counsellor for help with making parenting decisions.

To help make their decisions, your parents want you to meet with the Family Justice Counsellor to talk about what is important to you.



Who are Family Justice Counsellors and why are my parents meeting with one?

Parents talk to a Family Justice Counsellor about their family and make plans for their child/youth. Sometimes when parents are not living together they have a hard time talking to each other. A Family Justice Counsellor helps parents listen and talk to each other so that they can make family decisions together.

How will I get to my meeting with the Family Justice Counsellor?

Usually meetings are in the Family Justice Counsellor's office. You may be brought to the meeting by one of your parents, or they may have a friend or relative bring you.



Will I meet with the Family Justice Counsellor by myself?

Yes, unless you have a brother or sister who is meeting with the Family Justice Counsellor too. If you do, the Family Justice Counsellor will meet with you together first and then meet with each of you by yourself if that is okay with you.

Will I have to make any decisions or choose between my parents?

No, your parents are responsible for deciding where you will live and how you will spend time with each of them. However, they want to hear about what you like and don't like so that they can consider your wishes.

How will I know what to talk about?

The Family Justice Counsellor will ask you questions to learn more about what is important to you.