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Appendix A: Cincinnati Stroke Scale

Interpretation: if any of these 3 signs is abnormal, the probabilitiy of a stroke is 72%



Arm Drift

The patient closes eyes and extends both arms straight out, with palms up for 10 seconds

- Normal both arms move the same or both arms do not move at all (other findings, such as pronator drift, may be helpful)
- Abnormal one arm does not move or one arm drifts downward

Facial Droop

The patient shows teeth or smile

- Normal both sides of the face move equally
- Abnormal one side of the face does not move as well as the other side



Abnormal Speech

The patient repeats "you can't teach an old dog new tricks"

- Normal patient uses correct words with no slurring
- Abnormal patient slurs words, uses the wrong words, or is unable to speak

A similar tool for recognizing stroke warning signs is available for patients from the Heart & Stroke Foundation called Stroke Signs.

Reference:

Kothari RU, Pangioli A, Liu T et al. Cincinnati Pre-hospital Stroke Scale: reproducibility and validity. Acad Emerg Med. 1999;33:373-80.