

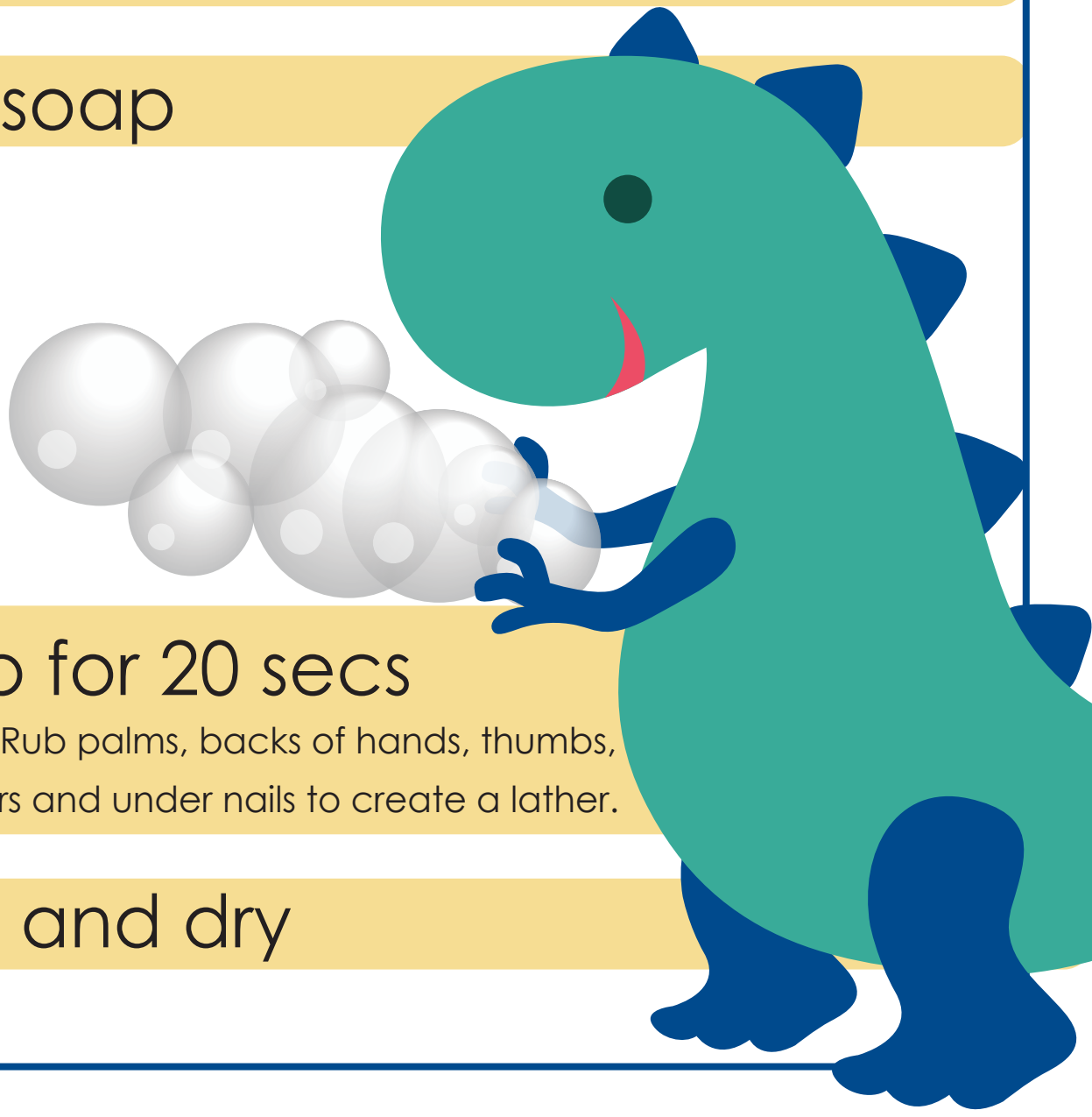
# REMEMBER TO **WASH YOUR HANDS**



Ministry of  
Children and Family  
Development

1. Wet hands with warm water

2. Add soap



3. Scrub for 20 secs

Sing the ABCs. Rub palms, backs of hands, thumbs, between fingers and under nails to create a lather.

4. Rinse and dry