



Adaptation Deep Dive

Introduction by

Deanna Fourt, Director of Design, Energy and Sustainability • Vancouver Island Health Authority

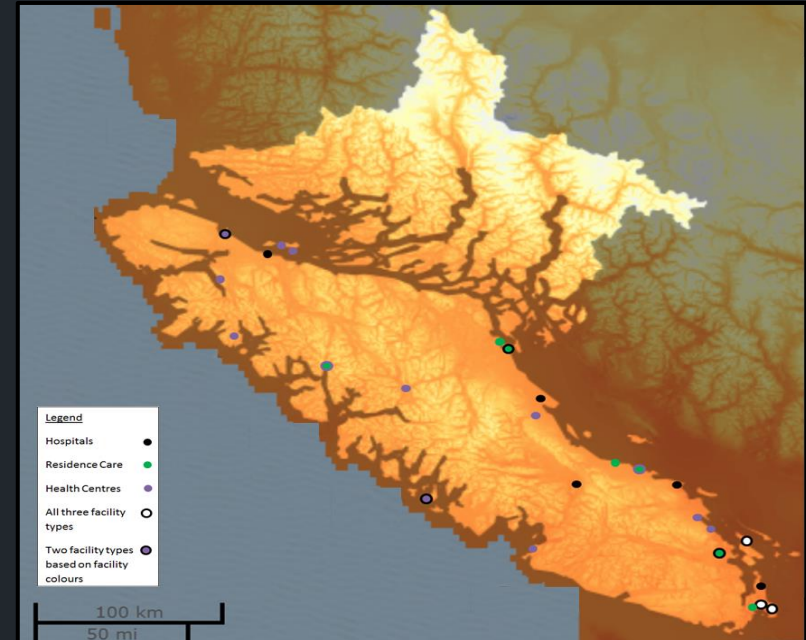
December 7, 2017, Vancouver, BC

A wide-angle landscape photograph of a mountain range. In the foreground, there are jagged, grey rock formations with some sparse green vegetation. A small, dark blue lake is nestled in a rocky depression. The middle ground features rolling green hills and a large, prominent mountain peak with a sharp summit. The peak and its upper slopes are partially shrouded in thick, white clouds. The background shows more distant mountain ranges under a clear blue sky with some light, wispy clouds.

Introduction

Island Health: Who We Are

- One of 7 health authorities in BC
- 765,000 people served on Vancouver Island, the islands in the Salish Sea and Johnstone Strait



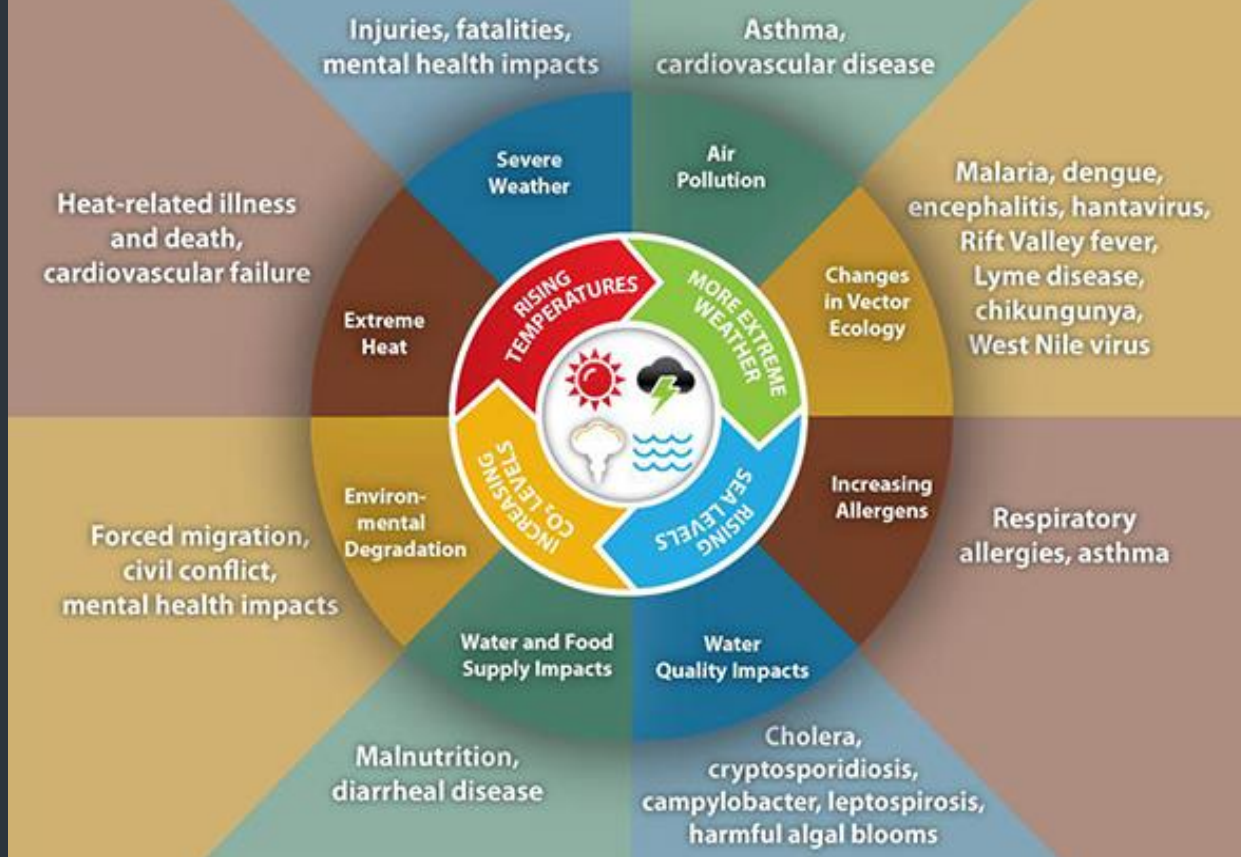
Motivation

- BC's 2016 Climate Leadership Plan calls for 10-year *emissions reduction and adaptation* plans.
 - Island Health has a 5 year emissions reduction plan.
 - Do not have an adaptation plan. This is a first step.

*“A **climate resilient health system** is one that is capable to anticipate, respond to, cope with, recover from and adapt to climate-related shocks and stress, so as to bring sustained improvements in population health, despite an unstable climate.”*

- World Health Organization, 2015

Impact of Climate Change on Human Health





Physical Impacts

- Power or water outages
- Inadequate HVAC
- Building envelope damage
- Waste or stormwater back-flows
- and more

Social Impacts

- Patient surges
- Longer patient stays
- Strain on medical & basic supplies
- Increased demand on staff & mental health impacts
- and more

**Disruption to
health care
service
delivery**

Presentation Overview

- Climate Vulnerability Assessment of Nanaimo Regional General Hospital
- Climate Adaptation Research and Mapping Project
- Q & A



Climate Vulnerability Assessment of Nanaimo Regional General Hospital

Joe Ciarniello, M.Eng, P.Eng, CEM • Vancouver Island Health Authority
Robert Lepage, M.A.Sc., P.Eng., Ph.D. Candidate • RDH Building Science Inc.
Trevor Murdock, M.Sc. • Pacific Climate Impacts Consortium

Introduction

- How important is keeping hospitals fully operational? CRITICAL
- NRGH - second largest hospital campus (Royal Jubilee Hospital in Victoria is the largest)
 - Serves ~350,000 people
 - Construction dates range from early 1960's to 2012
 - 55,000 m² floor area, 34 GWh total annual energy consumption
- Pilot project: to learn “how to”
- Build capacity for conducting PIEVC risk assessments

Presentation Themes

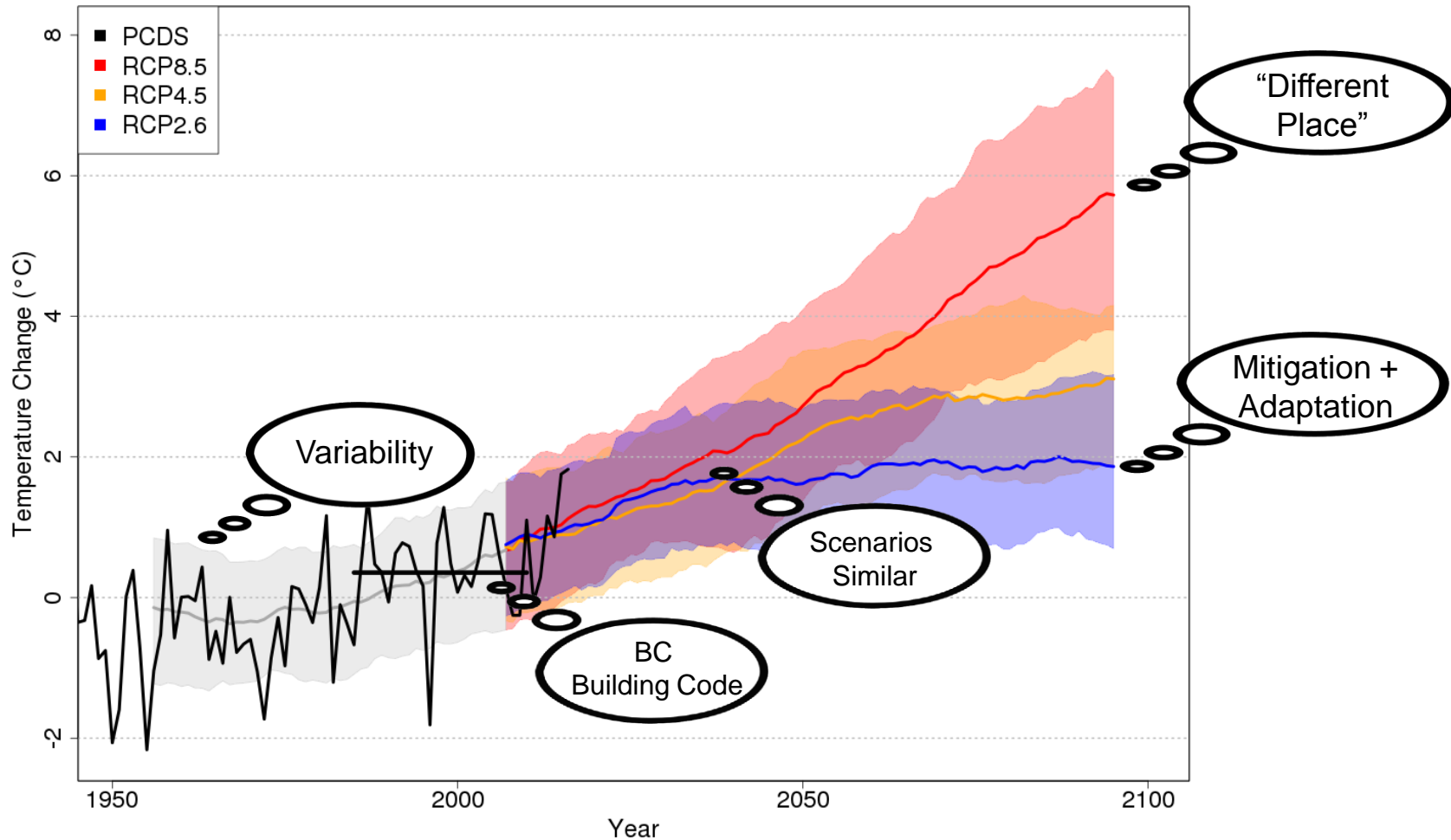
- Climate change and climate projections
- PIEVC Protocol
- Climate vulnerability assessment of NRGH
- What climate scientists can & can't provide engineers



Climate is Changing, But What Does That Mean for Engineers?

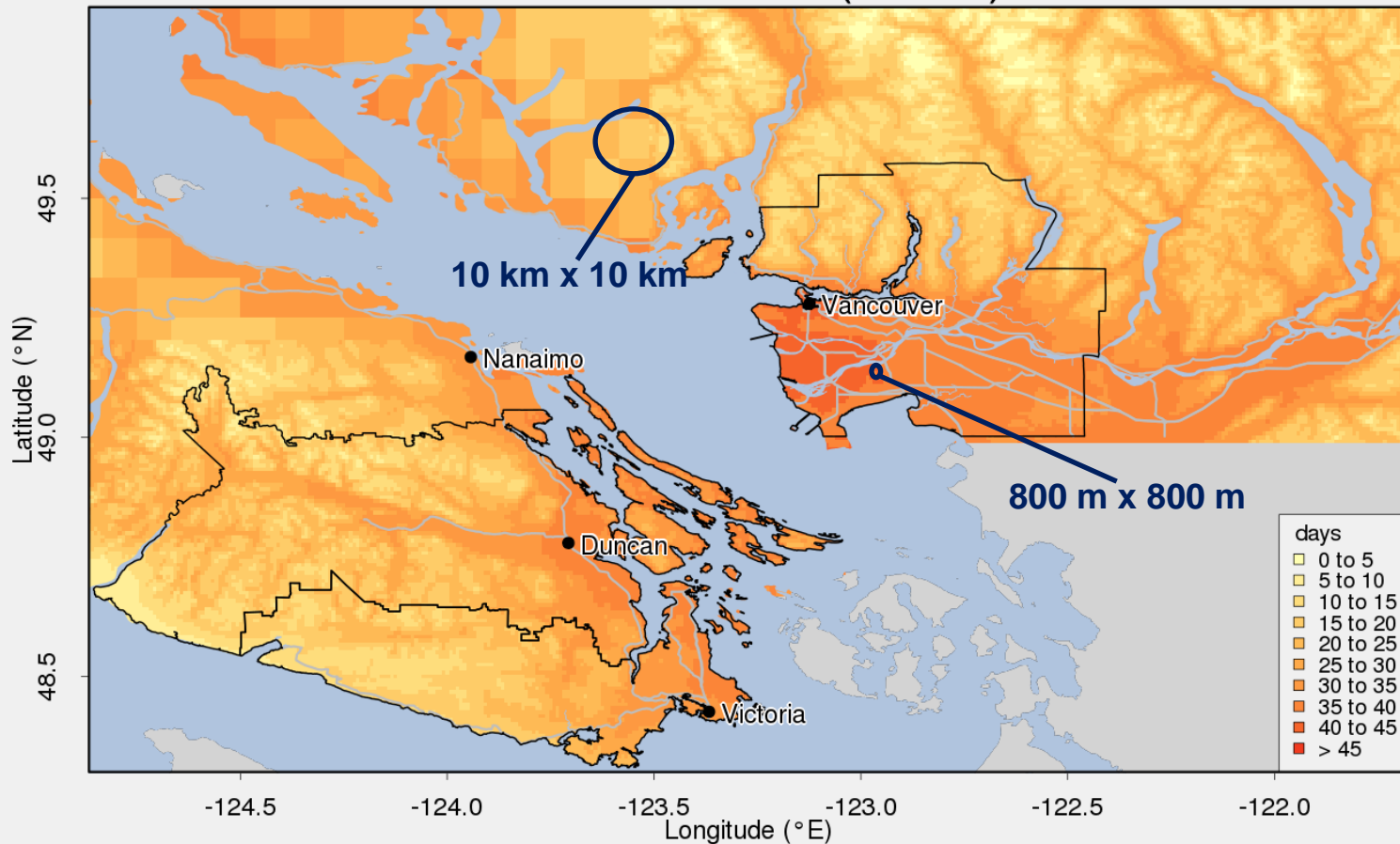
Downscaling

Projected future temperature change in BC

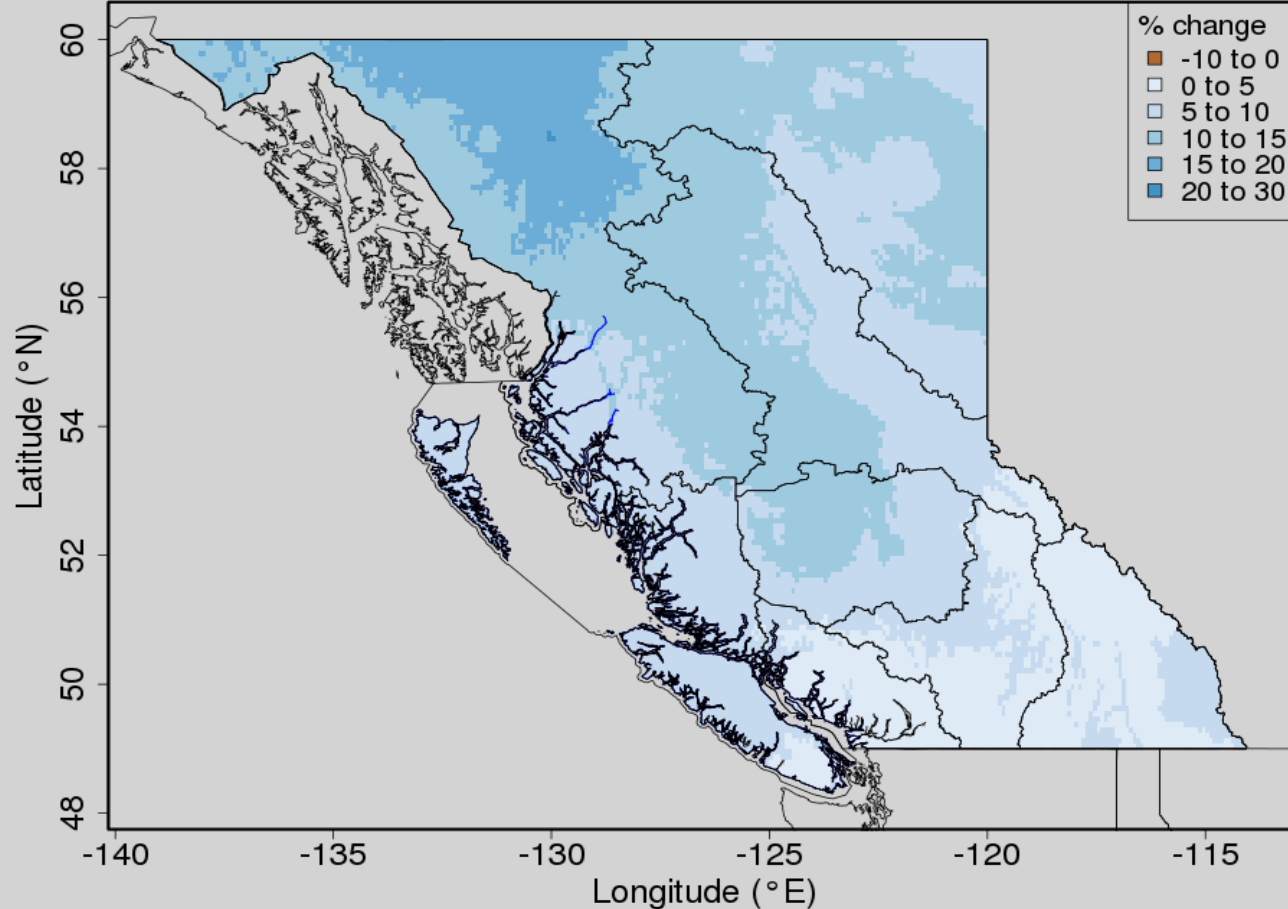


Change in number of days $>25^{\circ}\text{C}$

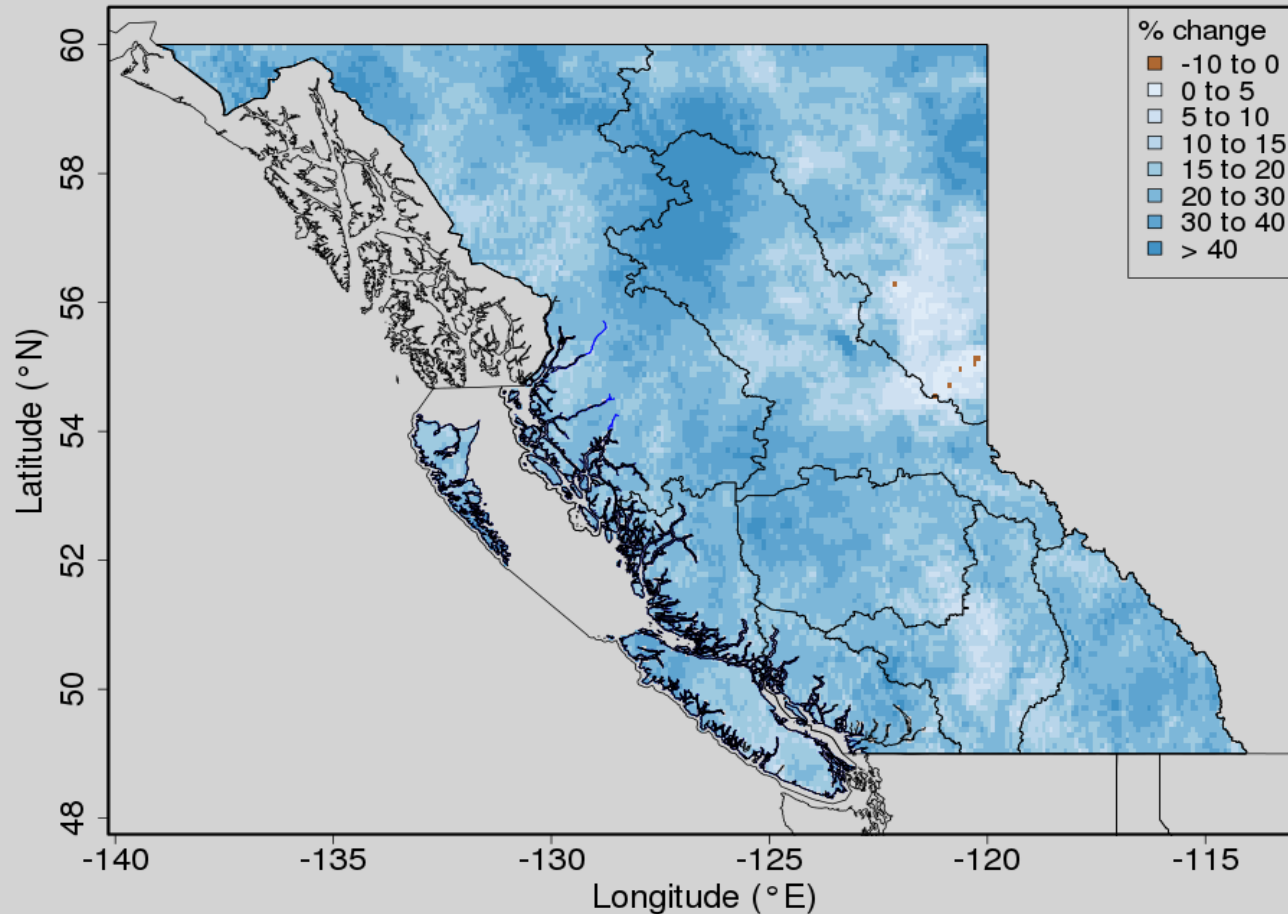
CMIP5 Ensemble RCP85 (2041-2070)



2050s Annual Precipitation



2050s “1-in-20” wet day



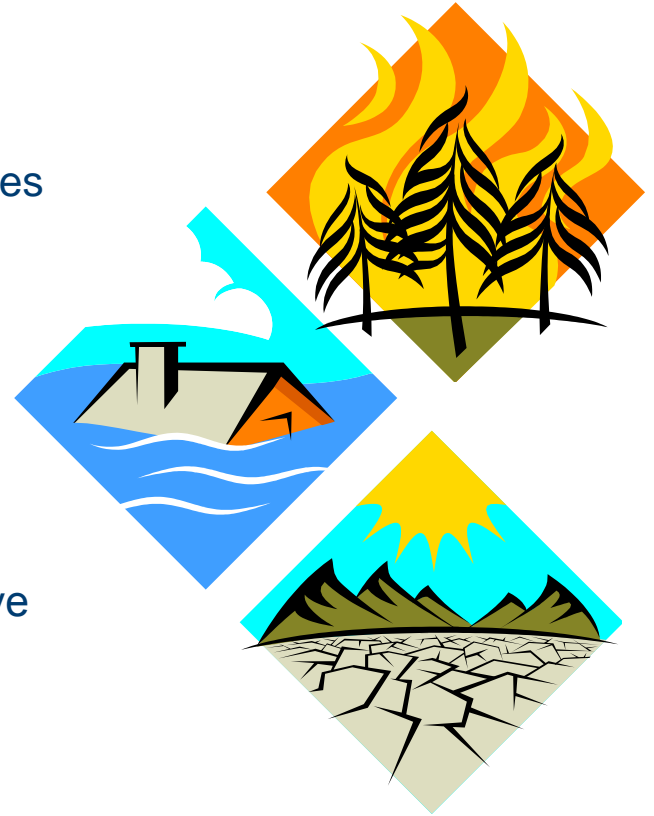


The PIEVC Protocol

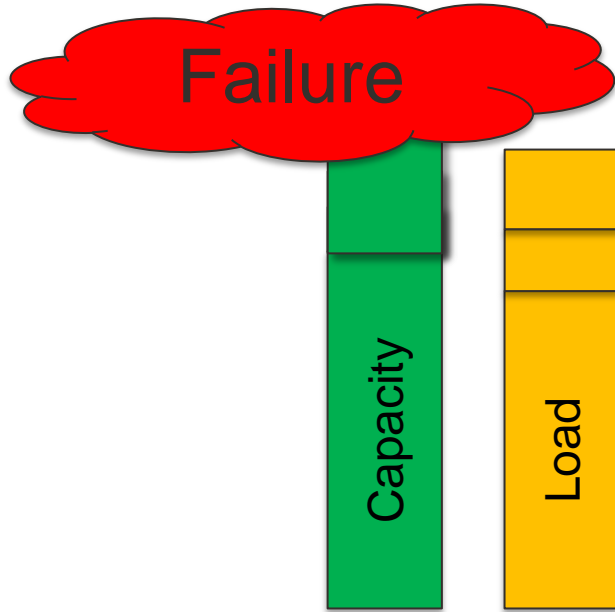
What is it?

Why Define Climate Risks and Vulnerabilities?

- To deal with the uncertainties of future climate
- To deal with risks to physical infrastructure & services
- Protect people, property and environment
- Better manage infrastructure lifecycle, operations, reduce costs and avoid surprises
- It's the first step in risk reduction planning to improve climate resilience



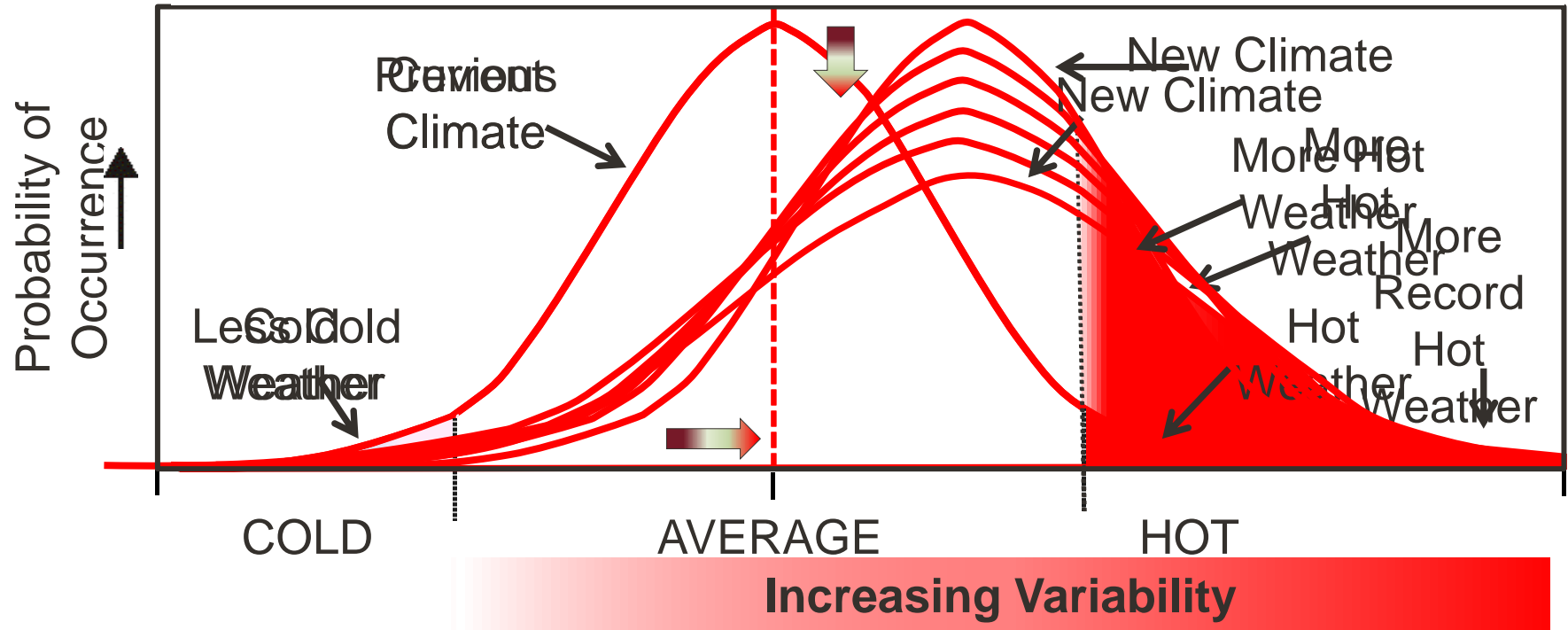
How do Small Changes Lead to Catastrophic Failure?

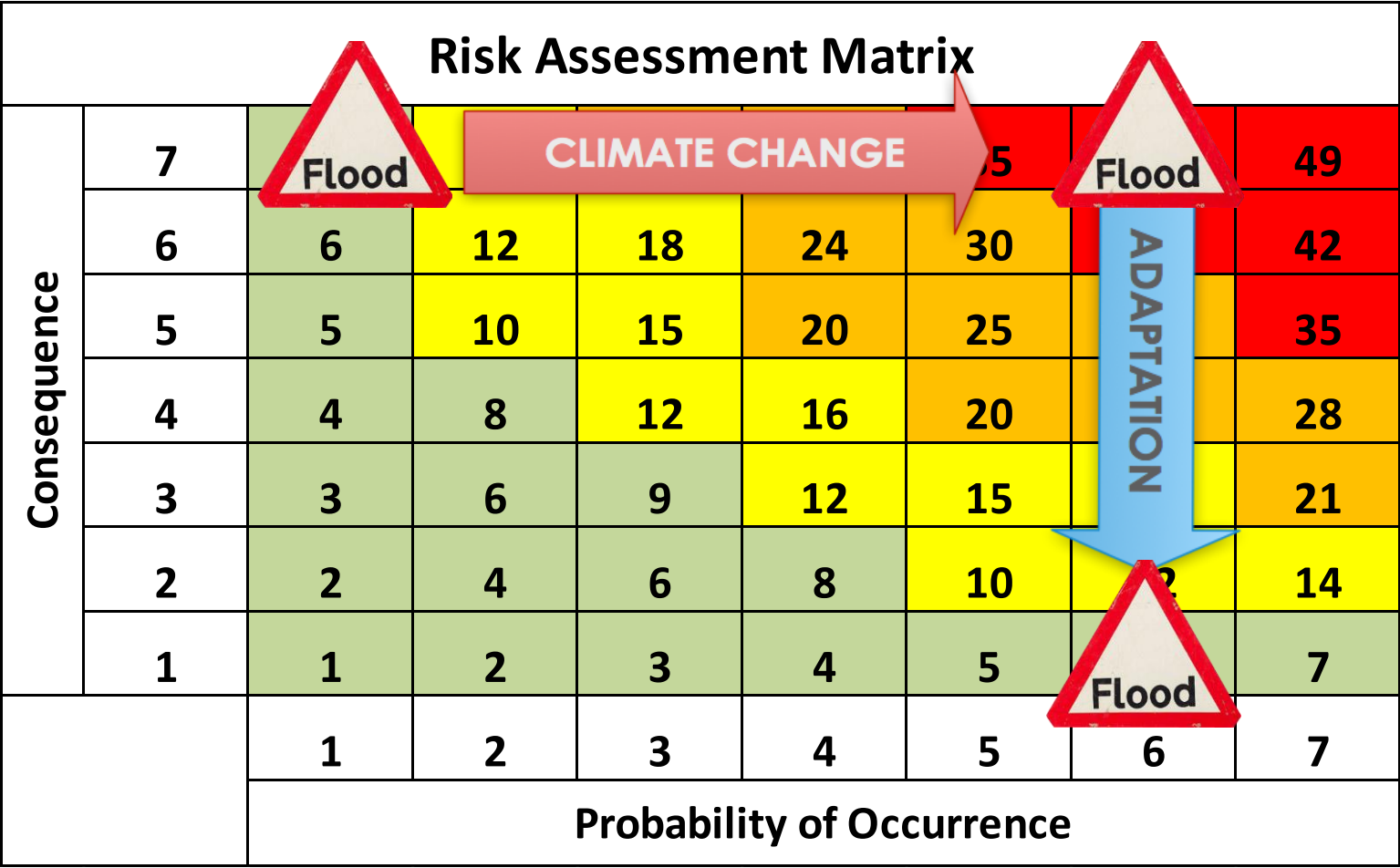


- Design Capacity
 - Safety Factor
 - Impact of age on structure
 - Impact of unforeseen weathering
-
- Design Load
 - Change of use over time
 - e.g. population growth
 - Severe climate event

The probability of extreme changes in climate parameters

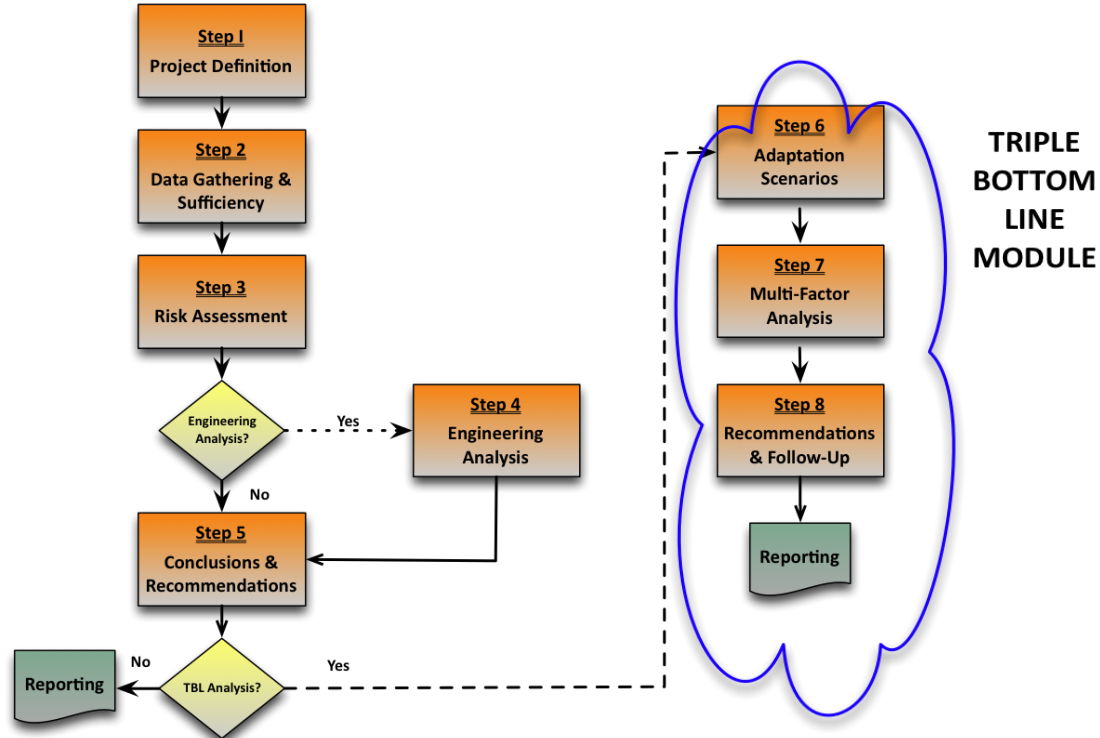
INCREASES IN MEAN and VARIANCE





PIEVC Protocol

5 Steps plus an Optional TBL Module



The PIEVC Protocol, Now & Future

- 45+ projects/studies to date across Canada
 - Water, storm & waste water systems, roads & bridges, buildings (1 hospital), transportation & energy infrastructure
- PIEVC Workshops: on-site and on-line versions available
- Evolution to a permanent on-going program of Engineers Canada
 - Infrastructure Resilience Professional Credential (IRP) – Launched June 2016
- PIEVC Lite Version
 - Simple, lower cost
 - No Step 4 - engineering analysis
- PIEVC First Nations (FN) Version by April 2018

An aerial photograph of the Nanaimo Regional General Hospital. The hospital is a large, multi-story building with a complex roofline, featuring several wings and a central tower. It is surrounded by extensive parking lots filled with cars. To the right of the main building, there is a green field with a white helicopter landing pad marked with a red cross. The hospital is situated in a suburban area with trees and other buildings visible in the background.

The Assessment of Nanaimo Regional General Hospital

The Infrastructure
Risk Assessment
Challenges

The PIEVC Protocol

- Process to assess *infrastructure component* response to impacts of a changing climate
- 5 Step Roadmap
 1. Concept
 2. Scoping
 3. Team Building
 4. Execution
 5. Reporting



Infrastructure

Nanaimo Regional General Hospital



→ Nursing Tower 1963

→ Phase 1 Addition 1992

→ Renal and Perinatal 2008

→ Rehabilitation 1969

→ Ambulatory Care 1995

→ New Emergency
Department 2012

Infrastructure Breakdown

- Mechanical
- Enclosure
- Civil
- Electrical
- Structural
- Water



Risk Assessment

Risk Assessment

- Risk:
- *Probability or Likelihood of an Event Occuring*
× *Consequence or Severity of Occurrence*
- Identify patterns and assess vulnerability
- Vulnerability: Load surpassing adaptive capacity

PIEVC SEVERITY SCORES		
Score	Severity	
	Method D	Method E
0	No Effect	Negligible Not Applicable
1	Measurable	Very Low Some Measurable Change
2	Minor	Low Slight Loss of Serviceability
3	Moderate	Moderate Loss of Serviceability
4	Major	Major Loss of Serviceability
5	Serious	Loss of Capacity Some Loss of Function
6	Hazardous	Major Loss of Function
7	Catastrophic	Extreme Loss of Asset

Severity of Occurrence	7	7	14	21	28	35	42	49
	6	6	12	18	24	30	36	42
	5	5	10	15	20	25	30	35
	4	4	8	12	16	20	24	28
	3	3	6	9	12	15	18	21
	2	2	4	6	8	10	12	14
	1	1	2	3	4	5	6	7
		1	2	3	4	5	6	7
		Probability of Occurrence						

PIEVC SCORES		
Score	Probability Method A	Severity Method E
	Negligible Not Applicable	Negligible Not Applicable
1	Highly Unlikely Improbable	Very Low Some Measurable Change
2	Remotely Possible	Low Slight Loss of Serviceability
3	Possible Occasional	Moderate Loss of Serviceability
4	Somewhat Likely Normal	Major Loss of Serviceability
5	Likely Frequent	Loss of Capacity Some Loss of Function
6	Probably Often	Major Loss of Function
7	Highly Probable Approaching Certainty	Extreme Loss of Asset

Probability - Climate Parameters

- Relied on climate scientists: Pacific Climate Impacts Consortium (PCIC)
- Interpreted climate model data
- Focus on engineering design parameters
- 3 Classes of Parameters:
 1. Heat
 2. Moisture
 3. Wind

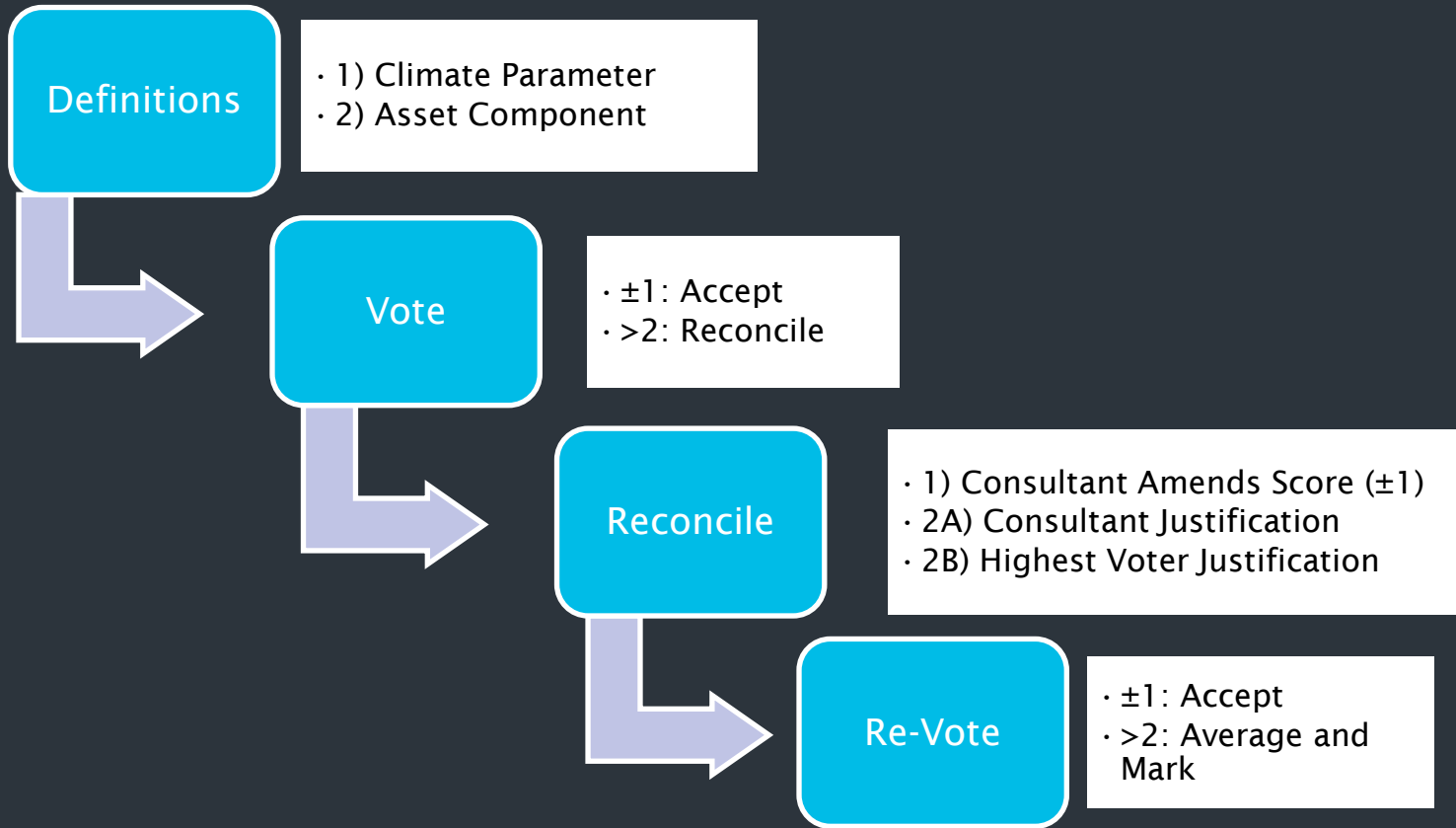
Probability Scores

Climate Parameter	Definitions	Indicator	Code	RCP 8.5 – 2050 Forecasted Relative Values			Robustness	Probability Score
				10%	Avg	90%	H/M/L	1-7
Heat Waves	A stretch of unseasonably warm weather.	Cooling Dry Bulb (0.4%) [°C]	26.8	28.8	30.0	31.2	High	7

Severity Workshop

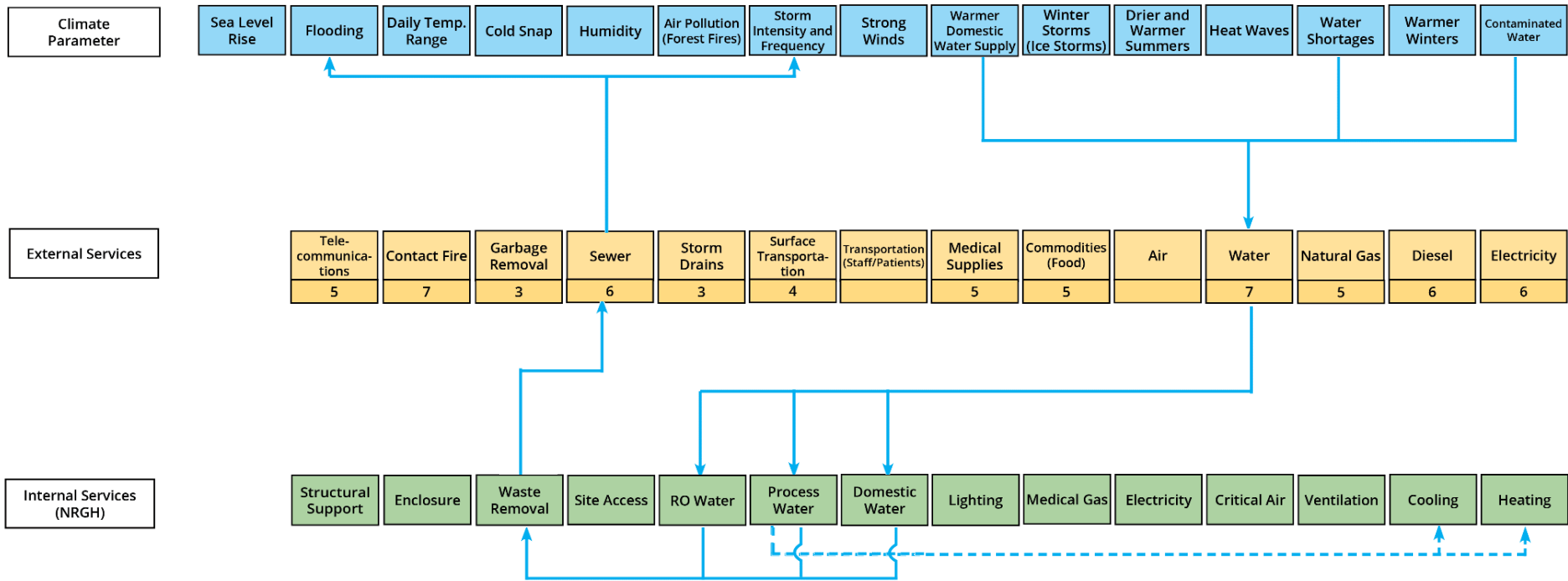
- Identify severity of impact on hospital operations given infrastructure component failure
- Gathered all experts in one room
- Consensus based

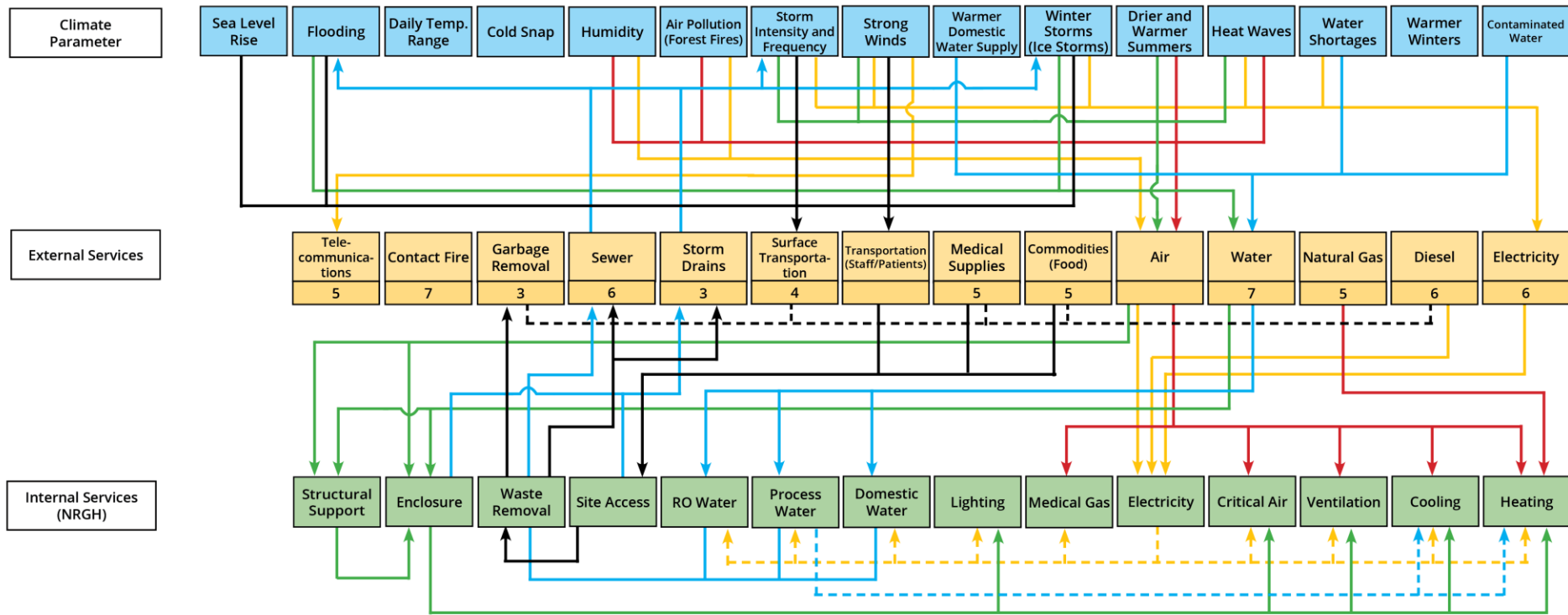




Infrastructure Components		2						
		Heat waves						
		Y/N	P	S			R	Rationale For Severity Score
M	MECHANICAL			VIHA Score	Consultant Score	Decision		
	Critical Air Systems							
12	O/A intakes							
13	Fans							
14	Cooling Coils							
15	Heating Coils							
16	Humidification							
17	Air Distribution							

[illegible]





Vulnerability Trends

- Heat Waves, Humidity, and Water Shortages
- Main challenges: Sensible and Latent Cooling
- Susceptible Systems:
 - Mechanical – Cooling Plant
 - Mechanical – Critical Air
 - Water Shortages – Jurisdiction



Prioritization

VFA Data

- Cross-reference at risk systems with VFA Data
- Low-cost opportunity to upgrade with like-for-like. Assets within 10 year horizon
- Use forecasted climatic design parameters as input for new system & study





Challenges

Challenges

- Jurisdictional Authority
- Hierarchical Systems – System Redundancies, Different Exposures
- Non-Infrastructure (Operational) Actions
- Climate Change – Design Uncertainty, Seasonality, Cascading Effects, Non-Climatic Effects, Clinical Impacts



How to use climate data

Sources

Best Practices

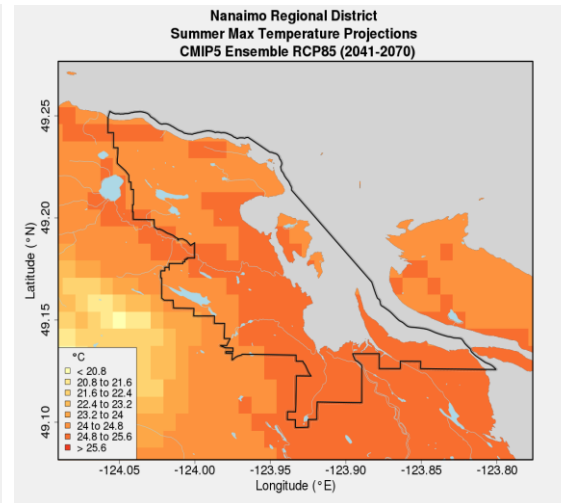
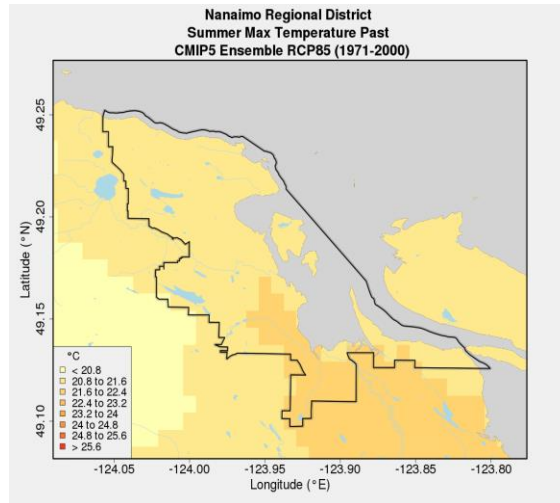
Where do we go from here?

Agenda for the 2012s from?

- “Climate is not static”
- “Past and ongoing... greenhouse gas emissions are expected to alter most climatic regimes in the future”
- “... buildings will need to be designed, maintained, and operated to adequately withstand ever changing climate loads.”
- “The analysis generally assumes that the past climate will be representative of the future climate”

Downscaled climate projections

- 10 km (BCCAQ) with 800m bias correction (PRISM)
- 12 GCMs, RCP 8.5, 1950-2100
- Daily
- Nighttime low temperature, daytime high temperature, precipitation

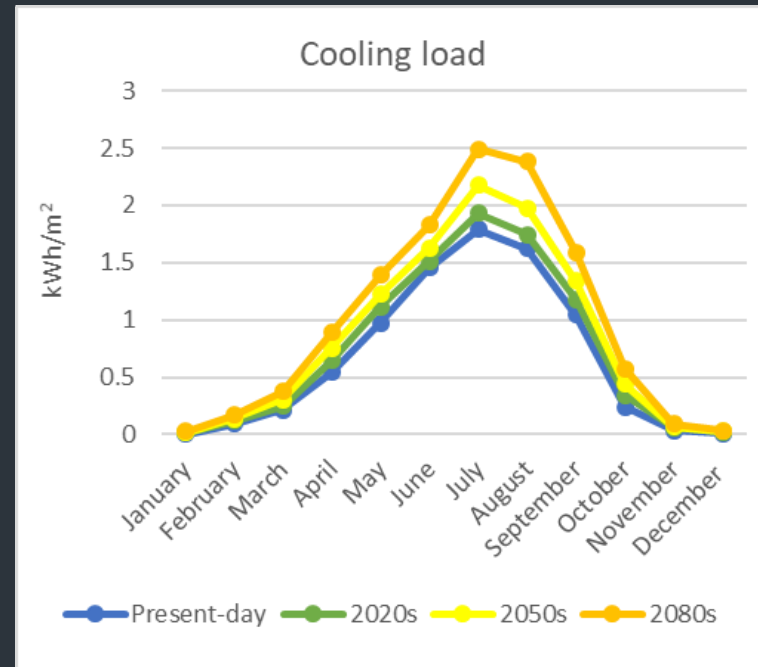
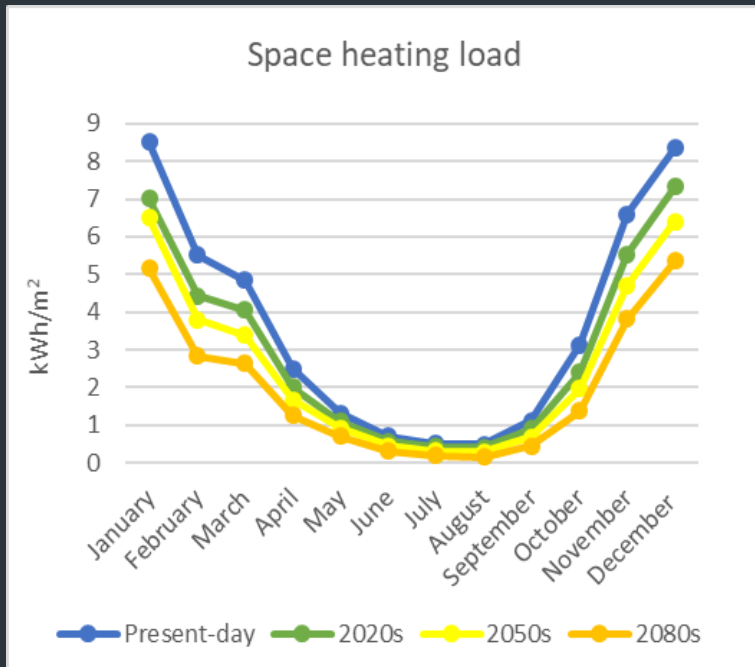


Additional climate parameters

- Indices of extremes derived from daily temperature and precipitation
- Daily snowpack model
- Daily humidity & wind: Global Climate Models (~100 km)

TABLE 3.3 CLIMATE PARAMETERS – CURRENT AND FORECAST VALUES		Code / Present Values	RCP 8.5 – 2050 Forecasted Relative Values		
Climate Parameter	Indicator		10%	Avg	90%
Contaminated Water	Biological Oxygen Demand/ Particulate Suspension	<= 5NTU, Coliform <10/100 mL	-	-	-
Heat Waves	Cooling Dry Bulb (0.4%) [°C]	26.8	28.8	30.0	31.2
Strong Winds	1/50 Wind Pressure [Pa]	500	116	505	890
Storm Intensity and Frequency	1/5 Wind Driven Rain Pressure [Pa]	200	40.9	205	378
Warmer Winters	Heating Degree-Day Base 18.0 [°C-Day]	3000	1884	2165	2465
Air Pollution (Forest Fires)	N/A	-	-	-	-
Cold Snap	Heating Dry Bulb (99%) [°C]	-8	-3.5	-2.3	-0.6
Winter Storm (Ice Storm)	Snow Load [kPa]	2.3	0.46	1.15	2.07
Humidity	Mean Coincident Wet Bulb [°C]	17	18.2	19.6	20.7
Daily Temperature Range	N/A	-	-	-	-
Drier and Warmer Summers	Cooling Degree Day Base 18.3 [°C-Day]	67	160	308	442
Water Shortages	Monthly maximum daily maximum temperature [°C]	30.6	33	34.2	35
Sea Level Rise	N/A	-	-	-	-
Warmer Domestic Water Supply	Average summer time temperature [°C]	30.6	32.7	34.1	32.5
Flooding	1 in 50 year 1-day rainfall [mm]	91	99.8	116	134.2

Complementary approach: energy modelling with future weather files



Best practices

- Make use of climate information – at whatever level of detail available
- Use a range of future projections
- Cross-disciplinary engagement
- Iteration, iteration, iteration



ONLINE ADAPTATION TOOLS, WHAT ARE THEY GOOD FOR?

Resources to accompany BC Regional Adaptation Collaborative webinar

30 November 2016

Plan2Adapt <http://pacificclimate.org/analysis-tools/plan2adapt>

PICS short course [http://pics.uvic.ca/education/climate-insights-101#quicktabs-climate insights 101=1](http://pics.uvic.ca/education/climate-insights-101#quicktabs-climate%20insights%20101=1)

ClimateBC

- HectaresBC <http://www.hectaresbc.org>
- ClimateWNA <http://genetics.forestry.ubc.ca/cfcg/ClimateWNA/ClimateWNA.html>
- ClimateBC Online <http://www.genetics.forestry.ubc.ca/cfcg/ClimateBC40/Default.aspx>
- BC Climate Explorer <http://www.bc-climate-explorer.org/>

PCIC Data Portals <https://pacificclimate.org/data>

Data Basin

<https://nplcc.databasin.org/galleries/5a3a424b36ba4b63b10b8170ea0c915e#expand=105363%2C106698%2C106712%2C110010%2C105359%2C105364>



PLAN2ADAPT

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Summary of Climate Change for Fraser-Fort George in the 2050s

Climate Variable	Season	Projected Change from 1961-1990 Baseline	
		Ensemble Median	Range (10th to 90th percentile)
Mean Temperature (°C)	Annual	+1.7 °C	+1.2 °C to +2.6 °C
Precipitation (%)	Annual	+7%	-1% to +13%
	Summer	-1%	-8% to +5%
	Winter	+10%	-3% to +18%
Snowfall* (%)	Winter	-2%	-10% to +9%
	Spring	-57%	-75% to -11%
Growing Degree Days* (degree days)	Annual	+245 degree days	+152 to +407 degree days
Heating Degree Days* (degree days)	Annual	-624 degree days	-944 to -432 degree days
Frost-Free Days* (days)	Annual	+20 days	+12 to +31 days

The table above shows projected changes in average (mean) temperature, precipitation and several derived climate variables from the baseline historical period (1961-1990) to the 2050s for the Fraser-Fort George region. The ensemble median is a mid-point value, chosen from a PCIC standard set of Global Climate Model (GCM) projections (see the 'Notes' tab for more information). The range values represent the lowest and highest results within the set. Please note that this summary table does not reflect the 'Season' choice made under the 'Region & Time' tab. However, this setting does affect results obtained under each variable tab.

* These values are derived from temperature and precipitation. Please select the appropriate variable tab for more information.

© 2012 Pacific Climate Impacts Consortium

<https://pacificclimate.org/news-and-events/news/2016/webinar-climate-tools>



Wrap-Up

Infrastructure Adaptation: Review of What It Means

Lessons Learned

Next Steps for Island Health

Infrastructure Adaptation: Review of What it Means

- Gain *climate understanding* → *engage climate scientists*
- Understanding *risks and vulnerabilities*
- *Prioritize the risks* (Urgent to Least Urgent)
- *Minimize the risks* (engage Risk Reduction Programs)
- *Evaluate costs and benefits* to reduce risks
- *Communicate* to decision-makers
- Combining these provides key elements of an *Infrastructure Climate Risk Assessment* and *Risk Mitigation Plan*
- ...and its not just for existing infrastructure

Lessons Learned

- Secure strong mandate from management
 - Ensures adequate time from subject matter experts – not easy to do in a hospital
- This needs to be an on-going iterative effort
- w.r.t. Standard of Practice and what it means for engineers?
 - New information may indicate standards/codes should be reconsidered

9 Principles of Climate Change Adaptation for Engineers

(source: Engineers Canada)

- Professional Judgment
 - Integrate Adaptation into Practice
 - Review Adequacy of Current Standards
 - Exercise Professional Judgement
- Integrating Climate Information
 - Interpret Climate Information
 - Work with Specialists and Stakeholders
 - Use Effective Language
- Practice Guidance
 - Plan for Service Life
 - Use Risk Assessment for Uncertainty
 - Monitor Legal Liabilities

Note that Engineers Canada does not regulate the engineering profession in BC, EGBC does.

Next Steps for Island Health at NRGH

- Key retrofits/upgrades to pursue include, but not limited to:
 - Review and update maintenance procedures
 - Increased cooling capacity, redundancy, and load shedding strategies
 - Ability to recirculate 100% of ventilation air with enhanced filtration (reinstall return-air systems)
 - Back-up potable water supply
 - On-Site O₂ generation

Acknowledgements

- **Natural Resources Canada – Climate Change Impacts & Adaptation Division** for partial project funding: \$40,000
- **Clinical and Facilities staff at NRGH** for their time, knowledge, and active participation in the workshops
- **David Lapp** for overall guidance, support and encouragement
- The consulting team:





Climate Adaptation Research and Mapping Project

Ting Pan, M.Sc., Sustainability Coordinator • Vancouver Island Health Authority

Trevor Murdock, M.Sc. • Pacific Climate Impacts Consortium

Climate Adaptation Research and Mapping

- Internship Grant Funded by the Pacific Institute of Climate Solutions
- Intern – Riley Richardson – Uvic Student Climate Adaptation Researcher
- Outcomes:
 - Climate projection maps with Island Health facilities on them
 - Climate variables for selected sites
 - Climate Adaptation Assessment Toolkit customized for Island Health

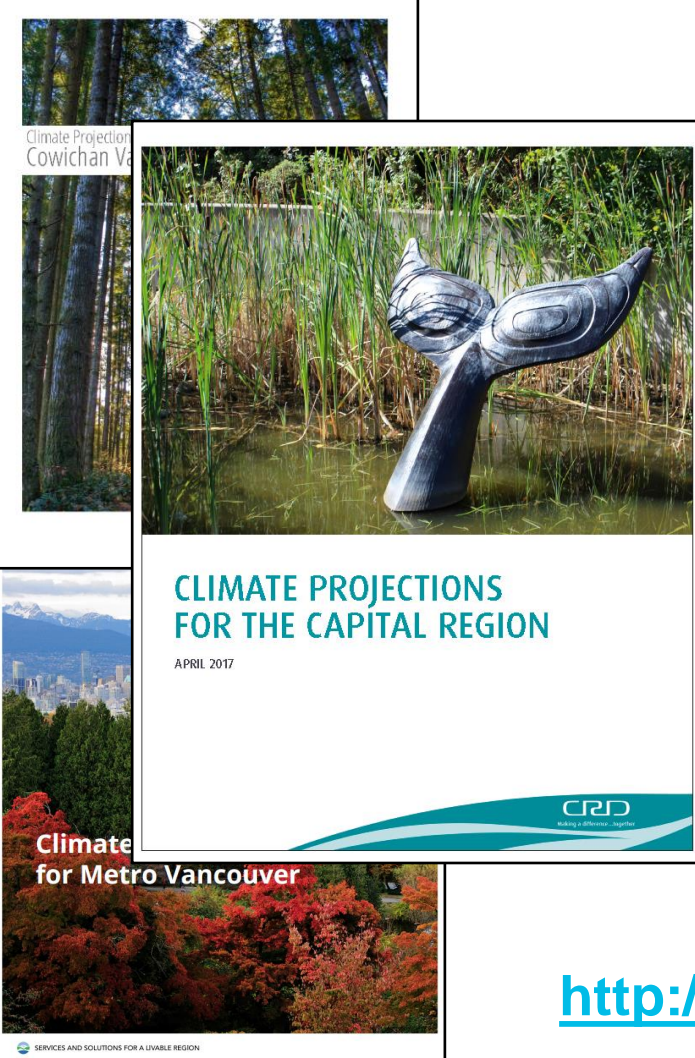
Climate Adaptation Research and Mapping

Pioneering work by the following organizations:

- For mapping
 - Capital Regional District
 - Cowichan Valley Regional District
 - Pacific Climate Impacts Consortium
- For assessment tool development
 - Lower Mainland Health Organizations
 - BC Housing
 - Canadian Coalition of Green Health Care
 - The U.S. Department of Health and Human Services

Co-produced climate reports

- Intense, iterative feedback between climate scientists and local governments
- PCIC:
 - ensure accurate interpretation
 - help convene conversations
- Local gov't:
 - results tailored to local needs incl. planning processes
 - include what climate impacts mean to region & possible responses



<http://www.crd.bc.ca/about/data/climate-change>

What does climate change mean in CRD?



Warmer winter temperatures and fewer days below freezing



More extreme hot days in summers and longer dry spells in summer months



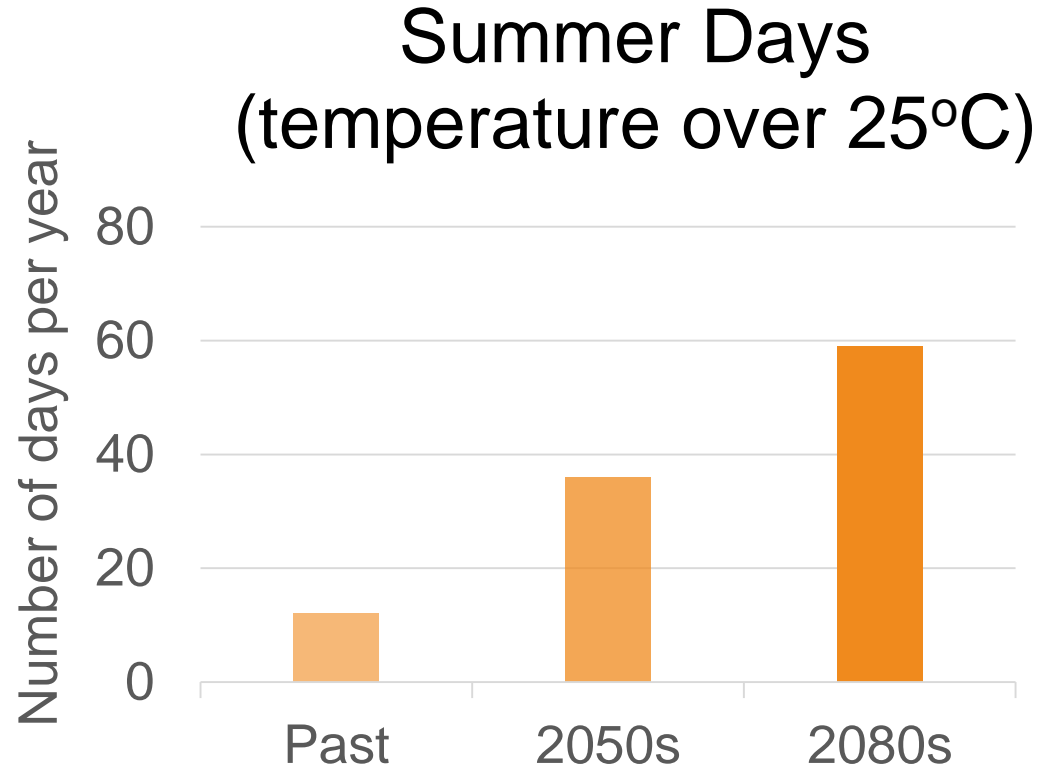
More precipitation in the fall, winter and spring



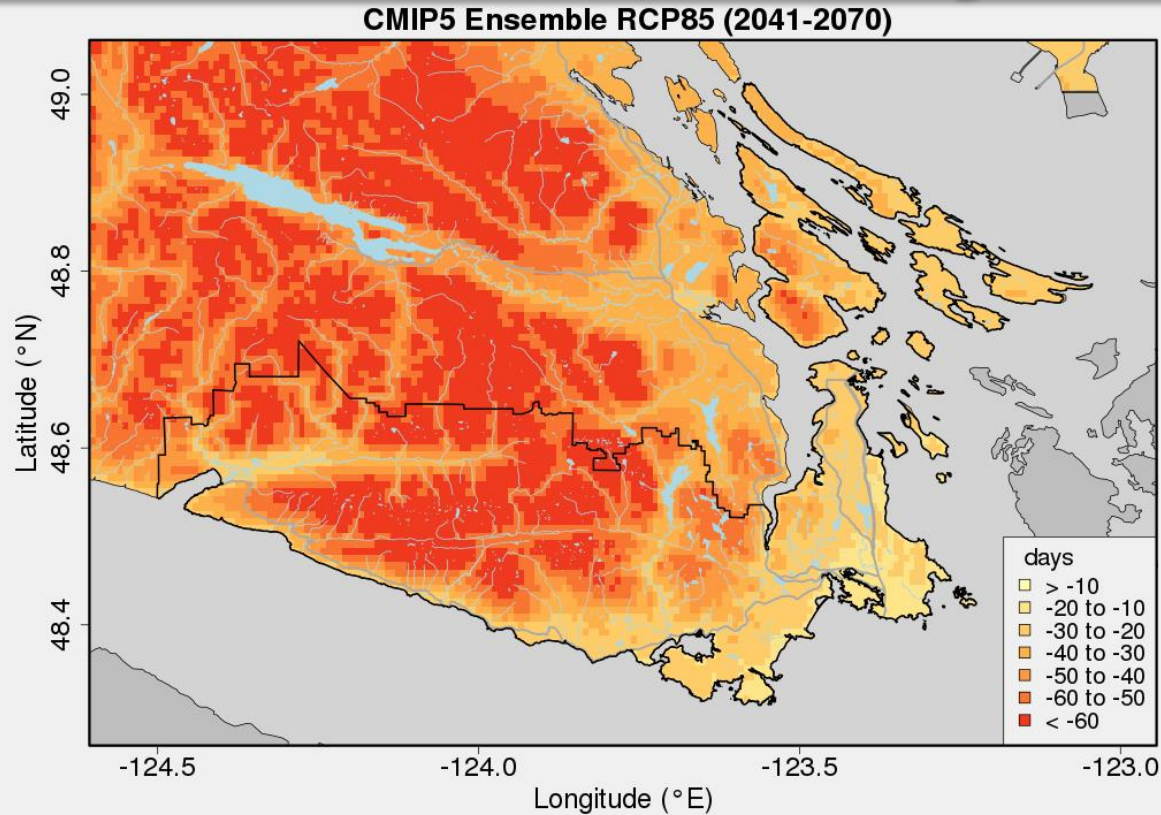
Increased frequency and intensity of precipitation and storm events

- 80% fewer frost days
- 3x days $> 25^{\circ}\text{C}$
- 20% drier summers
- ~15% wetter fall season
- ~30% stronger 1-in-20 year one day rainfall

Hotter summers



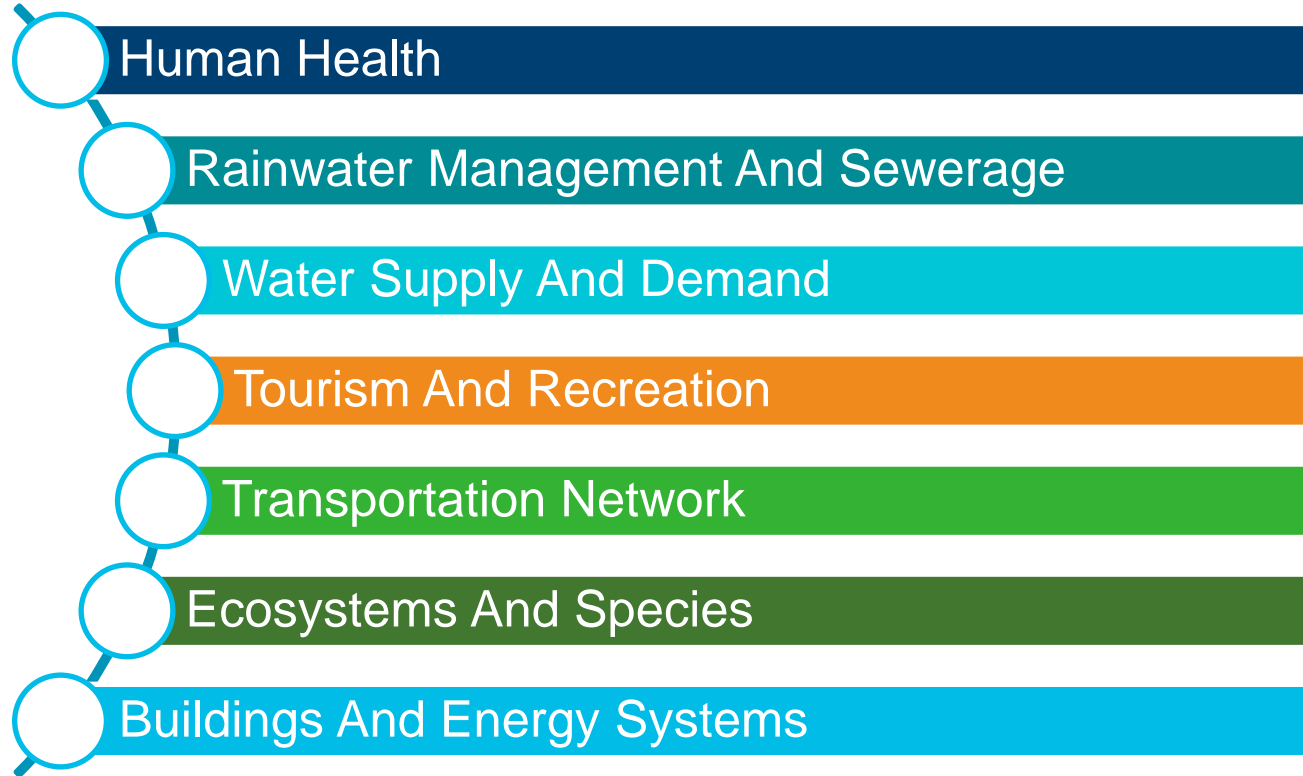
Fewer frost days



2050s: ~70% decrease / ~80% Greater Victoria

CRD Climate Projections Report → Impacts

<http://www.crd.bc.ca/about/data/climate-change>



Building and energy systems

As our climate warms and storm events become more intense and frequent, the business case for investing in durable, resilient buildings improves. Buildings provide site-specific opportunities to address challenges, such as heat and drought, through technologies, including rainwater capture and reuse, stormwater detention and management, resilient landscaping, green roofs and walls, and passive shading. In some years, buildings may need to withstand heavier snow loads and precipitation events, higher and more frequent winds, higher temperatures and longer duration of heat waves, and in coastal areas, rising sea levels. Building retrofits (e.g., insulation, heat pumps) to address both heating and cooling demand, and additional climate adaptation measures, including storm-resistant design and materials, should be considered. Future climate projections and energy efficiency will also be important to consider for new construction, as this could result in long-term cost savings and future-proofing.

Concentrating development in already developed areas can create opportunities for natural ecosystems to buffer changes

to our climate. Protecting the existing and future flood plains from development can reduce risks of personal injury and damage to property from extreme storm events. Also, avoiding conversion of agricultural land to residential and commercial uses will better enable our region to become more self-reliant as traditional agricultural areas become less arable.

In response to warmer year-round temperatures, seasonal and longer-term energy demands will change across the region. Significant shifts are also anticipated across BC, with an increase in cooling demand and decreasing heating demand over time. These shifts in energy demands can be offset with comprehensive energy retrofits to enhance the energy efficiency of existing buildings using air sealing, insulation, and space and water heating upgrades, and initiatives designed to reduce consumption from baseloads (lighting and appliances). Constructing energy efficient (or net-zero ready) homes and buildings would also substantially reduce energy demand. There may also be opportunities for solar electricity production and other types of renewable energy.

Climate Adaptation Research and Mapping

- Latest projections – more variables, higher resolution, covering more than half of Island Health owned facilities
- Selected 15 climate variables the most relevant to our facilities
- Results:
 - Maps
 - Climate variable values for sites

	Climate Variables
1	Cooling Degree Days
2	Heating Degree Days
3	Annual Average Min Temperature
4	Annual Max Temperature
5	Summer Days T>25
6	1-in-20 Hottest Day
7	Maximum Length of Dry Spell
8	1-in-20 Wettest Day Precipitation
9	Annual Precipitation
10	Summer Precipitation
11	Winter Precipitation
12	Single Day Max Precipitation
13	Five-Day Max Precipitation
14	99 th Percentile Wettest Days
15	95 th Percentile Wettest Days

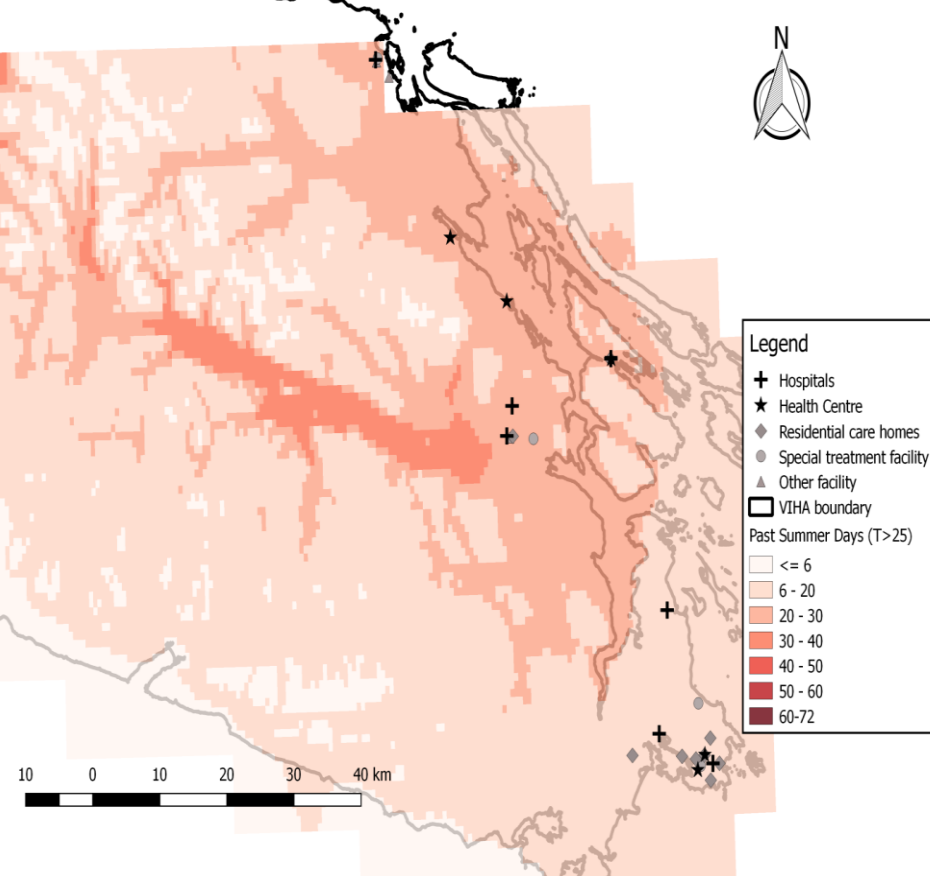


Figure 1: Historical summer days for 1971-2000 in the South Island region.

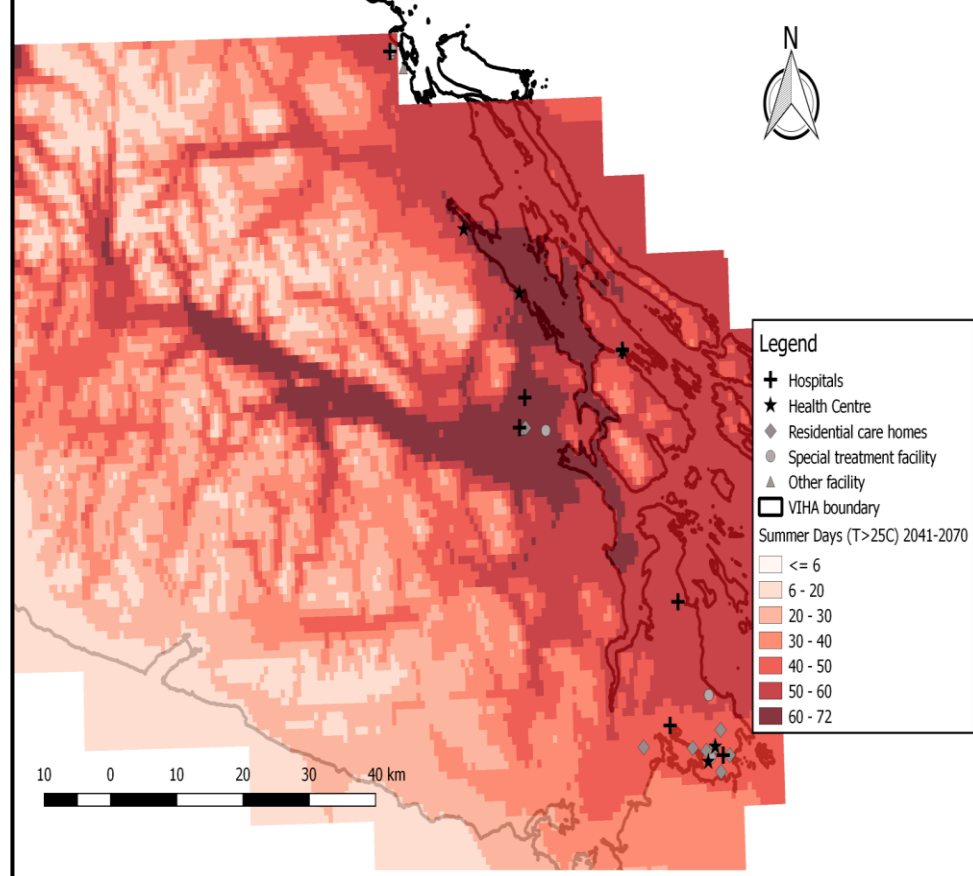


Figure 2: Projected summer days for the 2050's (2041-2070) in the South Island region.

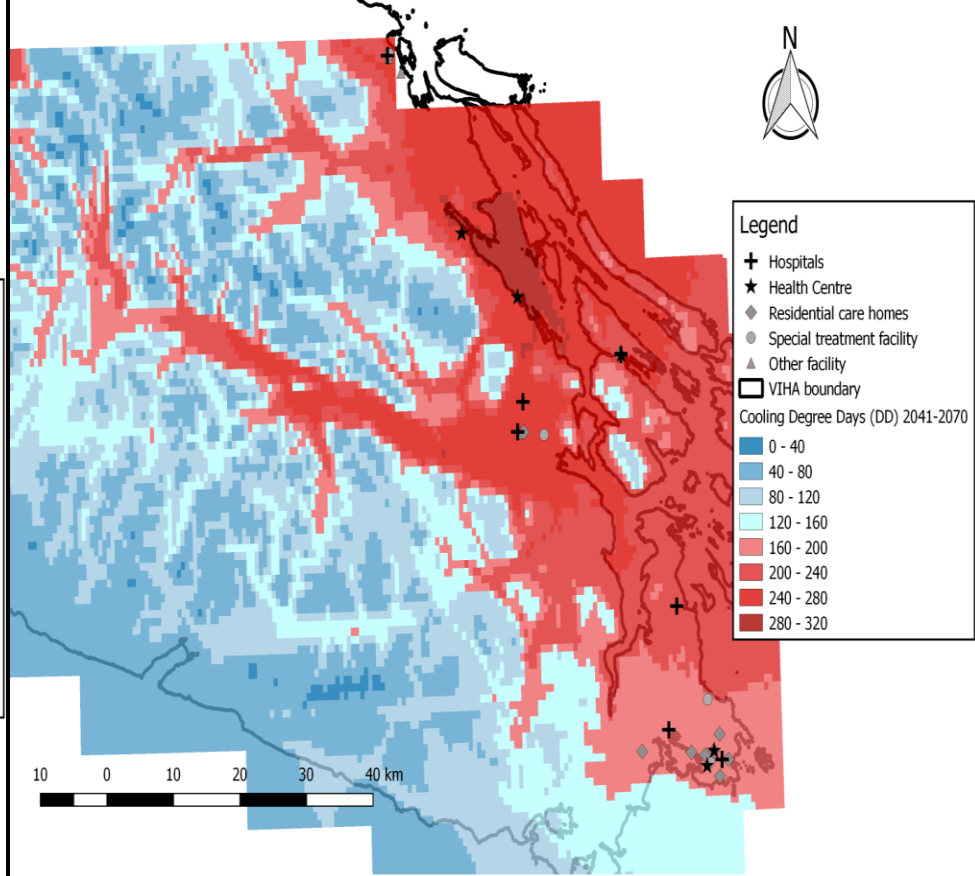
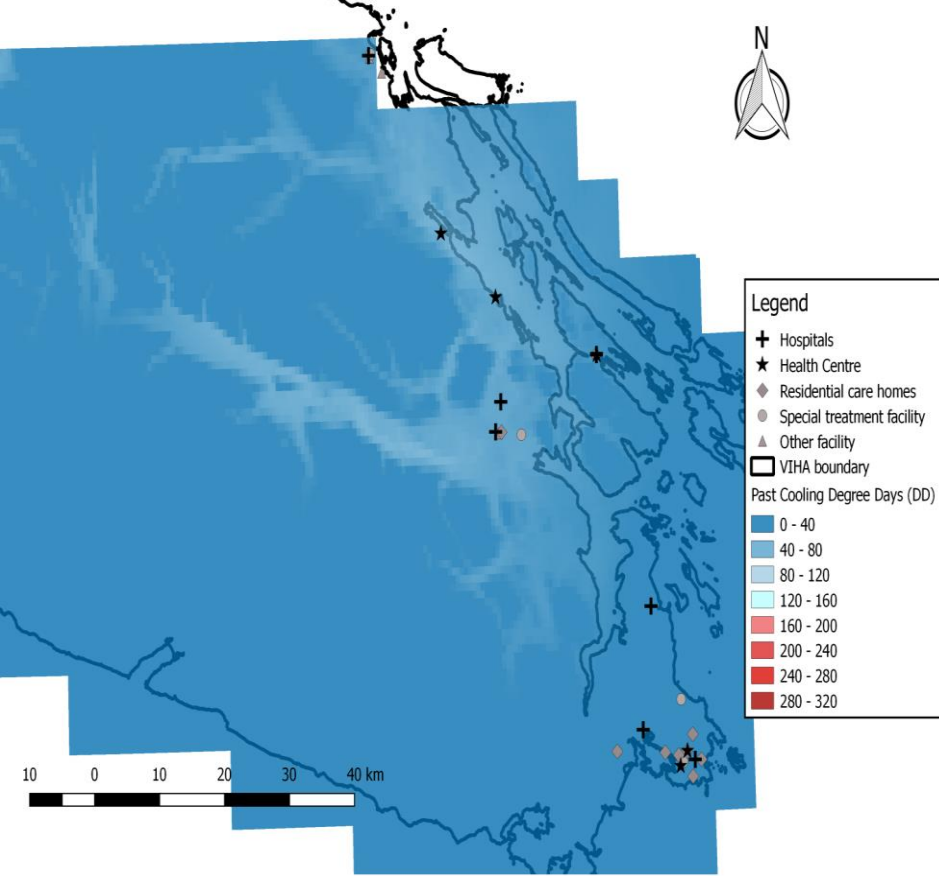


Figure 3: Historical annual cooling degree days for the South Island region averaged over 1971-2000.

Figure 4: Projected future annual cooling degree days into the 2050's (2041-2070) for the South Island.

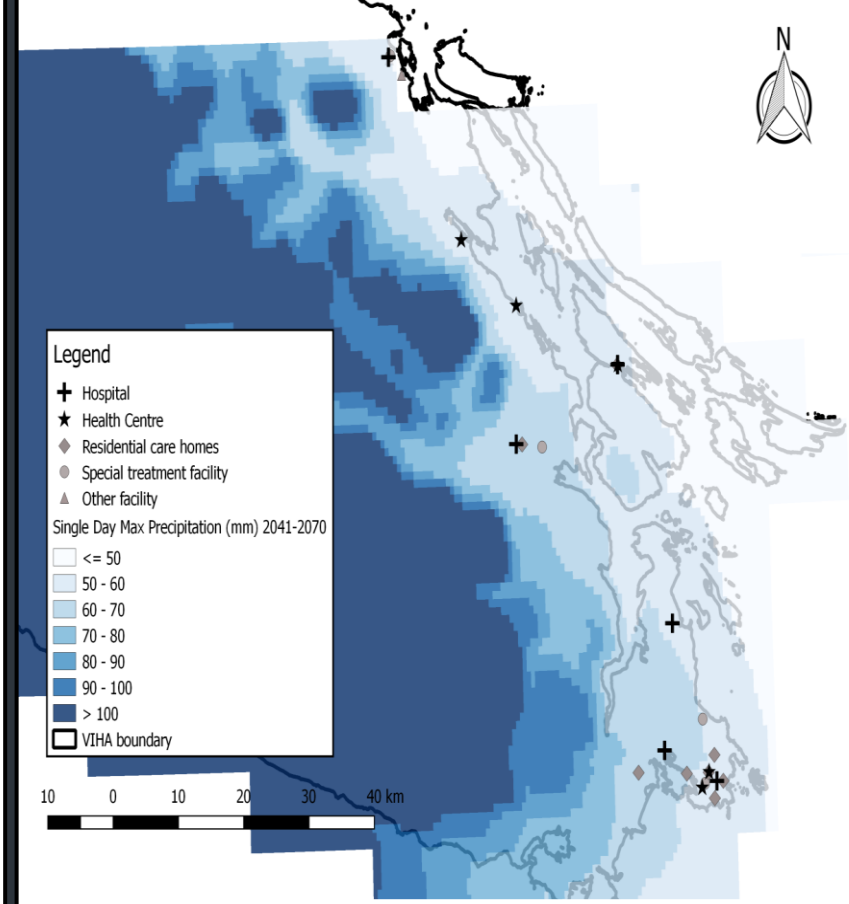
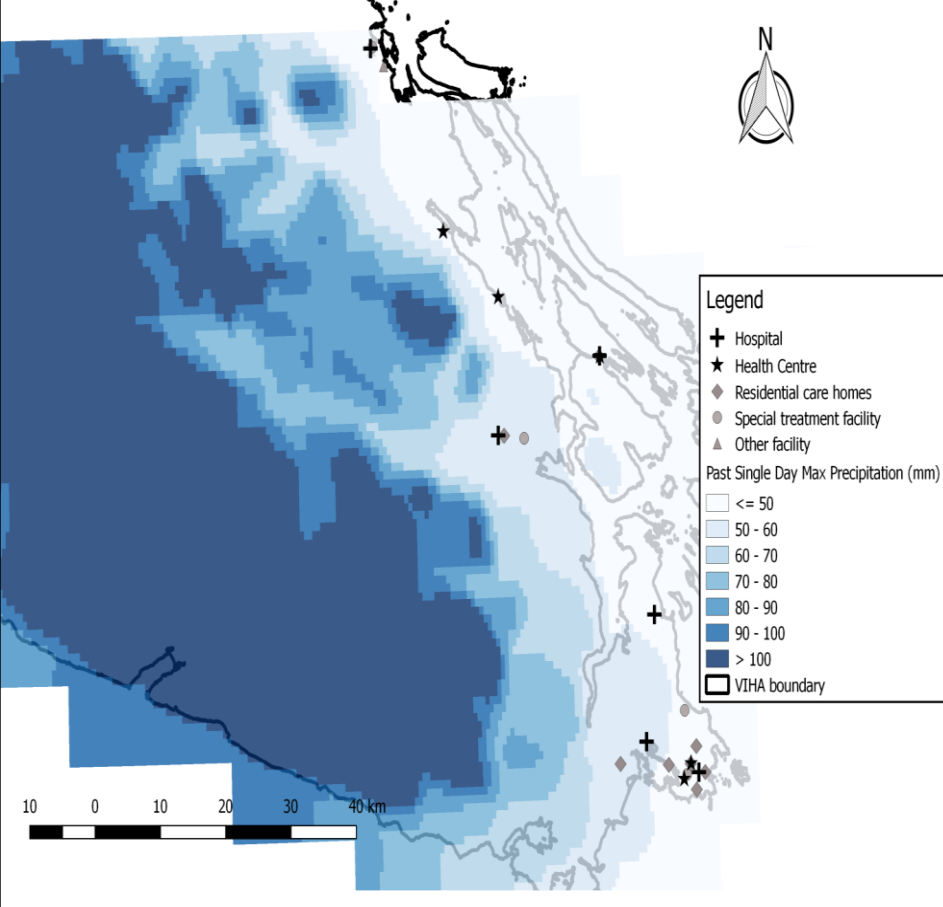


Figure 5: Past single day maximum precipitation over 1971-2000 for the South Island.

Figure 6: Projected single day maximum precipitation for the 2050's (2041-2070) in the South Island region.

1 of 15 climate variables

	Past Cooling Degree Days (CDD)	Cooling Degree Days (CDD) 2041-2070	Percent Change in CDD
Hospitals			
Royal Jubilee Hospital	20	176	765%
Saanich Peninsula Hospital	33	206	520%
Victoria General Hospital	24	180	660%
Cowichan District Hospital	66	267	307%
Nanaimo Regional General Hospital	56	240	329%
Lady Minto Hospital	51	243	379%
New Cowichan District Hospital	63	262	319%

Climate Change Adaptation Assessment Toolkit

- Involve key stakeholders at a particular site
- Take 2-6 hours to respond to questions related to their roles and responsibilities
- Cover 5 elements:
 1. Climate Risks and Community Vulnerabilities
 2. Land Use, Building Design and Regulatory Context
 3. Infrastructure Protection
 4. Essential Clinical Care Service Delivery Planning
 5. Environmental Protection and Ecosystem Adaptations
- Excel and online versions

Resilience scores	Number of questions	Score (%)
Element 1: Climate Risks and Community Vulnerabilities Assessment	39	78%
General	11	23%
Step 1: Climate Risks	5	100%
Step 2: Community Preparedness and Vulnerabilities	5	100%
Step 3: Climate Risk and Vulnerability Analysis	10	100%
Step 4: System-wide Climate Risk and Vulnerability Analysis	7	100%
Element 2: Land Use, Building, Design, and Regulatory Context	55	73%
General	10	100%
Step 1: Land Use, Siting, and Landscape	5	64%
Step 2: Transportation and Site Access	12	63%
Step 3: Critical Building Inventory	6	58%
Step 4: Building Construction and Vertical Transportation	16	66%
Step 5: Passive Survivability Inventory	3	100%

Extreme Weather Impact Surveys

Intent:

- To understand the actual impact of extreme weather events that might increase in frequency and intensity due to climate change
- To illustrate the need to prepare for them
- To build a knowledge base in order to formulate appropriate response strategies

Heat Wave Impact Surveys

- Surveys sent to sites and functions across Island Health
- 218 responses in total
- Responses from a wide range of areas:
 - admitting
 - ambulatory care
 - community and home care services
 - volunteer resources
 - support services
 - facility management
 - long term care
 - medical imaging and more

Next Steps for Island Health

- Test our climate adaptation assessment tool at our own sites
- Assess where and when to use the PIEVC protocol in the future
- Ensure new construction & major renovations use climate projections to inform design (e.g. NRGH Intensive Care Unit)
- Develop staff capacity to identify and implement adaptation measures
- Develop a 10-year adaptation plan integrated with updated mitigation plan



THANK YOU