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Appendix B: Risk Factors for the Development of AF

| Established Risk Factors | Emerging Risk Factors | Potential Risk Factors |
|--|--|--|
| Advancing age Male sex Hypertension HFrEF Valvular heart disease Thyroid disease (overt) OSA Obesity Excessive alcohol intake Congenital heart disease (e.g., early repair of atrial septal defect) | Prehypertension and increased pulse pressure COPD HFpEF Subclinical hyperthyroidism CAD Morphometric (increased height, and birth weight) | Familial/genetic factors Tobacco use Left atrial dilatation LV hypertrophy Inflammation Diabetes Pericardial fat Subclinical atherosclerosis CKD Excessive endurance exercise Electrocardiographic (atrial conduction delay, PR interval prolongation) |

Abbreviations: **CAD** – Coronary Artery Disease, **CKD** – Chronic Kidney Disease, **COPD** – Chronic obstructive pulmonary disease, **HFpEF** – HF with Preserved Ejection Fraction, **HFrEF** – Heart Failure with Reduced Ejection Fraction, **OSA** – Obstructive Sleep Apnea.