

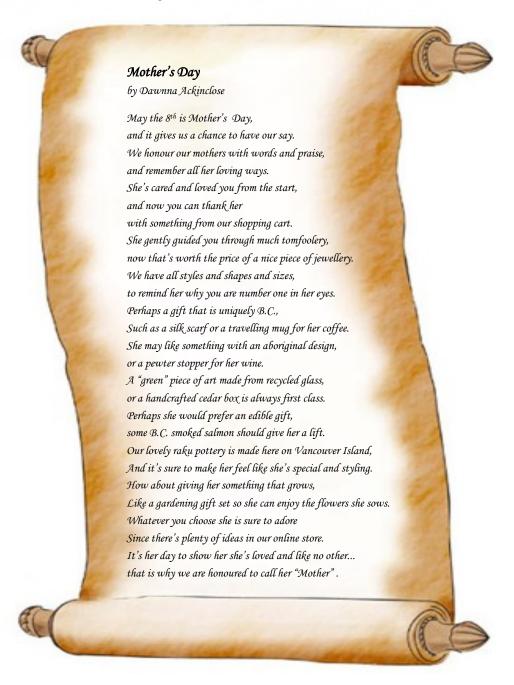
DCV Online Newsletter

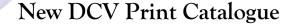
Mother's Day is the time for people to express their gratitude towards mothers, step-mothers, grandmothers, family, friends and any mother figure who has cared for us or been there through life's ups and downs.

One of the earliest records of a society celebrating a mother figure is with the ancient Egyptians who held an annual festival to honour Isis, the goddess mother of the pharaohs. There have been many traditions throughout history to honour mothers and motherhood. Today it is celebrated around the world, more commonly in March, April or May. In North America Mother's Day occurs on the second Sunday of May so it is just around the corner.

The DCV has great gift ideas no matter what your budget. Check out the home décor pieces, functional art, tried-and-true cookbooks, elegant scarves, garden gift sets, tasty spreads, artisan jewellery, trendy travel mugs, and kitchen and dining items. (If you give her something from our office products division, we hope that it is a Bluetooth headset and not a stapler or retractable stamper.)

Hummingbird Brooch #9999840736 \$16.95 M any giftware products can be customized with engraving. A keepsake box, coffee mug or wine glass set can be turned into an exclusive gift with a personalized message. Please contact DCV Giftware at 250 952-4460 before ordering any product that you wish to be custom engraved.





he 2011/2012 DCV catalogue is now available. In keeping with our pledge to be as sustainable as possible, it is printed with eco-friendly paper and the Corrections Branch Forms addendum will no longer be mailed out. Instead you will be able to access the list from our DCV Online Store main page. Please keep in mind that our Online Store has the most up-to-date products and pricing.



Emergency Preparedness Week May 1-7th

Emergency Preparedness Week takes place this year from May 1 to 7th and it is meant to raise awareness of the importance of having an emergency plan and kit since natural disasters can occur anytime. Emergency preparedness products are available to public sector employees through the Product Distribution Centre's Online Store. The kits are a small investment for peace of mind.



Grand Opening of the Crown Bookstore

The Crown Bookstore will be having its grand opening on Tuesday, May 10th. The bookstore is now located in a heritage house at 514 Government Street along with the Protocol Giftware showroom. Be sure to stop by, meet the staff and check out the selection of books, maps, charts, B.C. speciality items and gifts for employee recognition, conferences, retirements and more.



Crown Bookstore is now on Facebook

The Crown Bookstore is now on Facebook! Out of the first 100 people who like the Crown Bookstore page there will be a draw for a Gardener's Joy Gift Set. From Nature's Garden Seed Company in Victoria it contains hand soap, hand cream, a bookmarker and wildflower seed mix. The Facebook page will keep customers in the loop about new books and items, deals, and upcoming events.



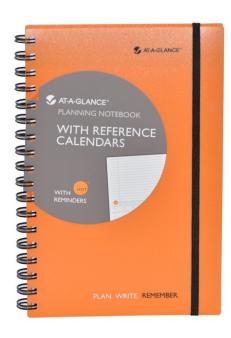
New Products!



Duct Tape

X-Factor Duck Brand duct tape is great for repairs, crafting, and imaginative projects. It tears by hand and conforms to uneven surfaces.

#7510766015, \$4.30



Planning Notebook

At-A-Glance planning notebook features reference calendars per two page spread, lined and perforated planning pages, a poly cover with bungee closure and double-sided clear pocket. Special pages include a monthly overview, reference calendars and contact pages. #7530089007, \$9.74



Eco-friendly Garbage Bags

These biodegradable bags contain recycled plastics collected from household blue box programs and post industrial-use markets. #8105261008, \$25.50



Retractable Badge Holder

Keep your security card or keys with you at all times with this carabiner-style badge holder. #9999840755, \$5.30



Painting Tape

This multi-surface tape is ideal for painted walls, woodwork, glass, metal and vinyl, and will not leave residue for up to 8 days. #7510763011, \$2.50



Recycled Magazine File

Made of 100% post-consumer waste material, this magazine file is ideal for use on desk or shelves. It is FSC certified and comes in a pack of four. #7520461008, \$9.25

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Multi-Section File Folders

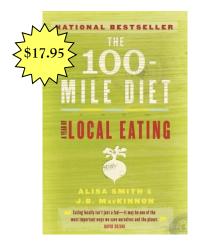
Made with recycled fibre, these tabbed multi-section file folders allow you to subdivide, label and access papers easily. #7530281030, \$6.90



Colour Coding Labels

These removable labels are great for controlling inventory, marking prices, adding emphasis to documents, and improving any organization system. #7530442007, \$3.05

Food for Thought on Earth Day





Farmers' markets can be found across B.C. offering a wide array of fresh, wholesome foods, organic items and artisan products. The B.C. Association of Farmers' Markets lists their member markets here. Farmers' markets in Victoria can be found here.

his Earth Day, change your perspec-L tive on food by reading The 100 Mile Diet: A Year of Local Eating (#999984070, \$17.95). Freelance writers Alisa Smith and J.B. MacKinnon of Vancouver pledged to eat only food grown within a 100-mile radius of their downtown apartment for a vear. Their adventures became a sensation on the web and now in book form, it has gathered many great reviews. They analyse the practical, philosophical and political issues of eating local, while creating an entertaining and informative read. The book is recommended to anyone who is striving to reduce their eco-footprint or wants to be inspired to be more sustainable. It is a reminder that local eating is not only very possible, but highly rewarding.



Excerpt from The 100 Mile Diet: A Year of Local Eating.

Man is born free and everywhere is in chain stores. ~ Graffiti

The year of eating locally began with one beautiful meal and one ugly statistic. First, the meal. What we had on hand, really, was a head of cabbage... It wasn't as though we could step out to the local megamart. We- Alisa and I- were at our "cottage" in northern British Columbia, more honestly a drafty, jauntily leaning, 80 year old homestead that squats in a clearing between Sitka spruce and western red cedar trees large enough to crush it into splinters with the sweep of a limb...

A week later we were back in our onebedroom apartment in Vancouver, surrounded by two million other people and staring out the sitting-room window... It was as good a place as any to contemplate the statistic. The number just kept turning up... the food we eat now typically travels between 1,500 and 3,000 miles from farm to plate.

Recipe: Goat Cheese & Pesto Stuffed Mushroom Caps

Ingredients:

- * 4 cups basil leaves
- * 4 cloves garlic
- * 1/2 cup grated hard cheese
- * 1 tsp salt
- * 1/2 cup hazelnuts
- * 1/2 cup hazelnut oil
- * 1 1/2 lbs white button or cremini mushrooms
- * 200 grams goat cheese

Preparation:

Pesto: Blend basil leaves, garlic, grated hard cheese, salt and 1/2 cup hazelnuts in a food processor. Slowly add the hazelnut oil and blend until it forms a thick smooth paste.

Mushroom caps: In a bowl, mix goat cheese and pesto. Clean mushrooms and carefully remove stems. Place on a baking tray and stuff each with about one table-spoon of cheese and pesto mixture. Bake for about 10 minutes at 300 degrees Fahrenheit or until cheese melts and mushrooms are cooked.

You can make these delicious and simple appetizers with local mushrooms and homemade pesto. For regional cheese, try Natural Pastures of Comox Valley, the Farmhouse of Agassiz or Salt Spring Island Cheese Company of Salt Spring Island.

