

Problem Gambling and Health Awareness Conference

FOUR DIRECTIONS

*Honouring Our Past  Protecting Our Future
Through Holistic Health, Wellness, and Recovery Support*

September 21-24, 2015

WESTIN WALL CENTRE | VANCOUVER/RICHMOND, BC



Conference Highlights

- Inuk award-winning musician and motivational speaker **Susan Aglukark**
- **Brain Games** – Interactive Program on the Risks of Youth Gambling
- Special Event: ***Dim Ama Yaay Nuum: We Will All Walk In A Good Way***



EVERGREEN
council on problem gambling

BC Responsible &
Problem Gambling
Program



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ABOUT THE CONFERENCE

Many representatives of First Nations, Métis, and Tribal Nations and organizations working on wellness throughout communities in Northwest Washington and British Columbia have come together to plan this important conference. As our **Four Directions** conference theme suggests, our goal is to honor the past and protect the future through holistic health, wellness, and recovery support. We hope to bring together First Nations and Tribal leaders, behavioral health directors and counselors, education and prevention experts, and families to support each other with knowledge on health issues, problem gambling and other addictions, and financial and safety concerns that affect all of our communities.

The first **Four Directions Conference** in 2009 was a great success—so much so that interest grew rapidly in offering an expanded conference program. Today, as we celebrate our seventh annual **Four Directions Conference**, we also celebrate our first **Four Directions Without Borders**—a partnership between dedicated organizations in the United States and Canada.

Please take a look at the full conference schedule to see all of the exciting opportunities for both training and cultural enrichment. From expanding knowledge and skills to experiencing healing and teaching tools that honour the traditional heritage of many cultures, your journey at **Four Directions** will illuminate and influence your work and your life.

We hope you will join us for this important event!

Presented By



Conference Partner



www.bcreponsiblegambling.ca

CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing public awareness of problem gambling, expanding the availability of services for those affected by problem gambling, and supporting research and programs for education, prevention, treatment, and responsible gambling. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (800.547.6133).

The Council offers support for for problem gamblers and family and public awareness programs and professional groups through training for certification and Council works with the Gaming training and responsible gaming and offers a Responsible Gaming



residential and outpatient treatment members, as well as education to a wide variety of community presentations, including qualified continuing education hours. The Industry to provide employee policy and program development, Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools, civic and social service organizations, and others to develop and tailor education and awareness programs. For more information call 360.352.6133.

CONFERENCE PARTNER

BC Responsible and Problem Gambling Program

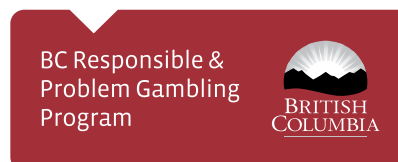
The BC Responsible and Problem Gambling Program services include counselling for individuals, couples, and families, with day treatment and group counselling available. Education and Awareness presentations, workshops, and training for all ages are also available. Game Sense Advisors provide support and information in all casinos and some community gambling centres across BC.

Our Program is also committed to meeting Inuit people living in BC. We have a number counsellors located around the province who education, support and counselling services. with organizations, schools, health centres, is involved in resource development and The program is also involved in sponsorship of



the needs of First Nations, Métis and of Indigenous prevention providers and provide free gambling awareness and In addition to working in local communities and band offices, our Indigenous team community engagement initiatives. Aboriginal events.

For more information, or to access our free, confidential services, please call the BC Problem Gambling Help Line at **1.888.795.6111** (24 hrs) or visit **bcreponsiblegambling.ca**.



CONFERENCE SCHEDULE AT-A-GLANCE

MONDAY, SEPTEMBER 21			
8:30 AM - 5 PM	BC Responsible & Problem Gambling Program Meetings		
8 AM - Noon	Pre-Conference Workshops	Wiley Harwell, D. Min, LPC, NCGC-II	<i>Financial Management for Problem Gamblers</i>
1 - 5 PM	Pre-Conference Workshops	Laurie Zoppi, MSW, RSW	<i>Neurobiology & Addiction</i>
TUESDAY, SEPTEMBER 22			
8:30AM-12:30PM	BC Responsible & Problem Gambling Program Training		
8 AM - Noon	Pre-Conference Workshops	Antonio Fernandez, LCSW	<i>Cognitive Distortions & Cognitive Behavioral Therapy</i>
1 - 5 PM	Pre-Conference Workshops	Brazzoni & Associates Mental Health	<i>The Cost of Caring: Preventing Compassion Fatigue in the Helping Professions</i>
1 - 5 PM	Pre-Conference Workshops	Janine Robinson, M. Ed, CPGC	<i>Motivational Interviewing</i>
WEDNESDAY, SEPTEMBER 23			
7 - 8:15 AM	Registration & Continental Breakfast		
8:15- 9 AM	Welcome and Opening Ceremony		
9 - 10 AM	Keynote	Roger Fernandes, Master Storyteller	<i>Storytelling As Healing: Traditions and Teaching of First Nations</i>
10 - 10:15 AM	Break / Exhibits		
10:15 AM - 12:15 PM	Clinical / Behavioral Health	Ray Harris, Director, Wilp Si'Satxw Healing Centre (<i>Invited</i>); Gayl Edmunds, CADC-II; Janice Murphy	<i>Culturally-Based Treatment Panel</i>
	Community and Culture	Lloyd Attig, CDS-II	<i>Exploring Health & Wellness</i>
	Innovative Topics	Wiley Harwell, D. Min, LPC, NCGC-II	<i>Dealing With Trauma & the Problem Gambler</i>
12:15 - 1:45 PM	Lunch Plenary	Susan Aglukark	<i>Inuk Award Winning Singer, Songwriter and Motivational Speaker</i>
1:45 - 2 PM	Break / Exhibits		
2 - 4 PM	Clinical / Behavioral Health	Gayl Edmunds, CADC-II	<i>Using Traditional Methods in the Treatment of Native American Clients</i>
	Community and Culture	Lisa Jackson, BA	<i>7 Grandfather Teachings</i>
	Innovative Topics	Bunny Czarnopys, LSCSW, LMFT, LCAC	<i>Topic TBD</i>
5:30 - 8 PM	Highlight Event		
THURSDAY, SEPTEMBER 24			
7 - 8 AM	Registration & Continental Breakfast		
8 - 8:15 AM	Welcome	Maureen Greeley, Evergreen Council on Problem Gambling; Keith Whyte, National Council on Problem Gambling	
8:15 - 10:15 AM	World Café		
10:15 - 10:30 AM	Break / Exhibits		
10:30 AM - 12:30 PM	Clinical / Behavioral Health	Michael Simpson (<i>Invited</i>)	<i>Suicide Prevention</i>
	Community and Culture	BCRG & PG Indigenous Team	<i>Traditional Aboriginal Games</i>
	Innovative Topics	Valerie Segrest, MA	<i>Feeding the Spirit - Food and Medicine in Native Culture</i>
12:30 - 2:15 PM	Lunch Plenary	Ontario Responsible Gambling Council	<i>Brain Games – Interactive Program on the Risks of Youth Gambling</i>
2:15 - 2:30 PM	Break / Exhibits		
2:30 - 4:30 PM	Clinical / Behavioral Health	Bunny Czarnopys, LSCSW, LMFT, LCAC	<i>Meditation & Mindfulness</i>
	Community and Culture	Gayl Edmunds, CADC-II; Janice Murphy	<i>Talking Circle – Traditions and Tools for Healing</i>
	Innovative Topics	Sheila Wahsquonaikeshik, MES	<i>Creating Pathways to Cultural Restoration</i>
4:30 - 5 PM	Closing Ceremony		<i>Special Presentations, Singing, and Drumming</i>

*Schedule is subject to change. Visit www.evergreencpg.org for the latest schedule updates!

HIGHLIGHT EVENT



MUSQUEAM A LIVING CULTURE

DIM AMA YAAY NUUM: WE WILL ALL WALK IN A GOOD WAY

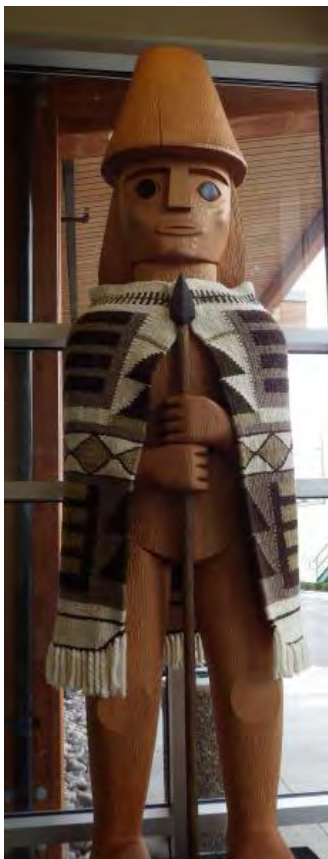
Gitxsan Language, Gitxsan Nation

Let us gather together from many nations to celebrate the work we are all doing towards healing, health and wellness in our communities. We will all walk in a good way... together.

Please join us for an evening of drumming, dancing, food, and a tour through the Musqueam Cultural Education Resource Centre.



We thank and honour the Musqueam people hosting us on their traditional territory.



The event is held on the evening of the first day of the main conference, Wednesday, September 23, from 5:30 - 8pm. Don't miss this opportunity to tour the 1,300 square foot space with a gallery of historic cultural objects, contemporary arts, and a comprehensive overview of the past, present, and future of Musqueam culture.

To attend, choose the option on the registration page for yourself and guests if applicable. The event is **free** for conference attendees who register in advance (simply check the box on the registration form), and \$20 per person for guests. The cost includes dinner, transportation, and entrance to the Musqueam Cultural Education Resource Centre.

Please feel welcome to bring your drums, flutes, or other instruments.

Musqueam Cultural Education Resource Centre
4000 Musqueam Ave | Vancouver BC V6N 0A5
www.musqueam.bc.ca

GENERAL CONFERENCE INFORMATION

WELCOME TO CANADA!

Please review your eligibility to travel to Canada and bring any required documents.

Are you eligible to cross the border? If you are traveling by land or sea, a valid Washington State Enhanced ID or Driver's License will work. If you make the journey by air, a valid passport is required. Also, Canada's legal system weighs indiscretions differently than the United States. Visit <http://canadawelcomesyou.net/shouldknow.html> to see if you are eligible to enter.

CONFERENCE REGISTRATION DEADLINES

- Early Bird registration deadline is Thursday, August 20, 2015.
- Regular registration deadline is Tuesday, September 15, 2015.
- On-site registration only after Tuesday, September 15, 2015. Please do not mail, e-mail, fax, or drop off registration after this date. Visa® or MasterCard® credit or debit cards will be accepted for on-site payment at the conference.

Fill out the attached registration form or visit www.evergreencpg.org to register. Please call 360.352.6133 if you need assistance.

CONFERENCE SCHOLARSHIPS

Scholarship opportunities available for Washington State treatment providers!



Washington State
Department of Social
& Health Services

Transforming lives

Thanks to a partnership with DSHS & BHSIA, ECPG offers a limited number of scholarships. Scholarship includes full registration fees, hotel stipend (\$50 per night, up to two nights), and Washington State Problem Gambling Certification application fees. The deadline to apply is September 11; applications received after that will be considered only if funding is still available. Call 360.352.6133 or visit www.evergreencpg.org for more details.

WESTIN WALL CENTRE HOTEL ACCOMMODATIONS

We have reserved a block of rooms for conference attendees at very special rates at the Westin Wall Centre. Conference rates are offered to attendees based on availability, up to three days before and three days after the conference dates for those wishing to extend their stay. Room quantities are limited, so reserve your room early.

Special rate cut-off date is Friday, August 28, 2015. You must identify yourself as attending the **Four Directions Conference**.

Wall WALL CENTRE | WESTIN
VANCOUVER AIRPORT

3099 Corvette Way
Richmond, BC V6X 4K3, CANADA
Reservations: 1.888.414.2010

Conference Guest Room Rates:
\$119 CDN Single/Double Occupancy

When making reservations, identify yourself as a **Four Directions attendee.*

WESTIN WALL CENTRE

The Westin Wall Centre offers luxury accommodations in modern guestrooms and suites, featuring Westin Heavenly® Beds and signature bedding. Other amenities include complimentary standard high-speed Internet access, fitness studio, and indoor heated pool. Located just 4 km from the Vancouver airport, the hotel also offers complimentary transportation to and from the airport, as well as free self-parking.



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REGISTRATION FORM

Register online at www.evergreencpg.org | DEADLINE IS SEPTEMBER 15, 2015

REGISTRANT INFORMATION

Name: _____

Position / Title: _____ Agency / Organization: _____

Address: _____

City: _____ State/Province: _____ Zip / Postal Code: _____

Day phone: _____ Cell/Alternate phone: _____


E-mail address: _____

REGISTRATION OPTIONS

<i>All amounts shown in US Dollars</i>	EARLY BIRD ECPG MEMBER Before –August 20–	EARLY BIRD NON-MEMBER Before –August 20–	ECPG MEMBER After –August 20–	NON-MEMBER After –August 20–	STUDENT	ON-SITE (FOR ALL) After –September 15–
FOUR DIRECTIONS Four-Day Conference <input type="checkbox"/> (September 21-24)	\$300	\$350	\$330	\$385	\$250	\$395
FOUR DIRECTIONS Three consecutive days option (choose dates below) <input type="checkbox"/> Sep 21-23 <input type="checkbox"/> Sep 22-24	\$200	\$275	\$250	\$300	\$185	\$325
FOUR DIRECTIONS Two consecutive days option (choose dates below; NO 1-day option!) <input type="checkbox"/> Sep 21-22 <input type="checkbox"/> Sep 22-23 <input type="checkbox"/> Sep 23-24	\$150	\$175	\$185	\$225	\$125	\$250
<input type="checkbox"/> Highlight Event: Musqueam Centre Total attending: _____ Conference attendees + _____ Guests x \$20 per guest = \$						

TOTAL AMOUNT ENCLOSED: US \$

☐ **YES! I'D LIKE TO BECOME A MEMBER OF ECPG AND SAVE ON MY REGISTRATION! (see last page for membership form)**

- CANCELLATION POLICY:** Refunds will be issued, less a \$35 administrative fee, if received in writing by **September 10, 2015**. Refunds will not be issued after that date.
-  **Refunds will not be issued for failure to obtain permission to cross the US/Canada border.**
- Students must provide proof of current enrollment.
- To become an ECPG member, fill out the application on the Special Membership Offer page or visit www.evergreencpg.org/Membership.

DIETARY RESTRICTIONS and/or DISABILITIES

I have the following dietary restrictions: _____

I require the following under the Americans with Disabilities Act and/or special accommodations: _____

METHOD OF PAYMENT

____ Visa® ____ MasterCard® ____ Money Order Credit Card #: _____

Cheque # (US dollars only): _____

Make cheques payable to Evergreen Council on Problem Gambling

Expiration Date: _____ CSC #: _____

(3 digits on back of credit card)

Name on cheque: _____

(if different from registrant)

Signature: _____

MAIL, E-MAIL, FAX or DROP OFF THIS FORM WITH PAYMENT TO:

Evergreen Council on Problem Gambling

1801 Fourth Avenue East | Olympia, WA 98506

P: 360.352.6133 | F: 360.352.4133 | info@evergreencpg.org



CONTINUING EDUCATION UNITS

Evergreen Council on Problem Gambling

The Evergreen Council on Problem Gambling's training workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National Problem Gambling Certification Boards for certification. Additionally, ECPG is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Association of Social Workers - Washington Chapter (NASW-WA). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCBO) and the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD). All of our conference sessions are eligible for CEUs. Contact us with further questions.

BC Responsible & Problem Gambling Program

The British Columbia Responsible & Problem Gambling Program is requesting accreditation approvals from the following organizations: Indigenous Certification Board (ICBOC), BC Association of Social Workers, Canadian Problem Gambling Certification Board, Native Courtworkers and Counselling Association of BC, and the Canadian Counselling and Psychotherapy Association.

SPECIAL MEMBERSHIP OFFER

Join both  **EVERGREEN**
council on problem gambling and  **NCPG** and save **\$40!**

NEW MEMBER INFORMATION

Name: _____ Company: _____
Address: _____ Apt./Suite: _____
City: _____ State/Province: _____ Zip/Postal: _____
Phone: _____ Fax: _____
E-mail address: _____

All fields are required

MEMBERSHIP OPTIONS

- ___ **\$39 USD** ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.
- ___ **\$74 USD** Joint ECPG & NCPG Individual Membership—Includes ECPG Membership plus full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to *Addiction Professional* as well as discounts on literature and conferences. This special offer is a \$114 value! The cost of NCPG Individual Membership alone is \$75 when purchased directly. Save \$40 through ECPG!
- ___ **\$99 USD** Joint ECPG & NCPG Individual Plus Member—Includes all the benefits of ECPG & NCPG Individual Member level, with the addition of a subscription to *International Gambling Studies*, a peer-reviewed interdisciplinary journal in gambling studies. This special offer is a \$139 value! The cost of NCPG Individual Plus Membership alone is \$100 when purchased directly. Save \$40 through ECPG!

MEMBERSHIP PAYMENT

Today's Date: _____ Credit Card #: _____
Method of Payment: ___ Visa® ___ MasterCard® ___ Money Order _____ Expiration Date: _____ CSC #: _____
Cheque # (US dollars only): _____ (3 digits on back of credit card)
Cheques payable to Evergreen Council on Problem Gambling _____ Signature: _____