FACT SHEET #3: SANITATION

BACKGROUND

This fact sheet provides guidance on providing good sanitation to reduce the risk of disease outbreaks. It is part of *Public Health Guidelines: Major Planned Events* (See "Resources," below, for details.)

Sanitation generally refers to facilities and services that allow for the safe disposal of human waste. Inadequate sanitation is a major cause of disease worldwide. Improving it has a significant beneficial impact on health.

Providing safe, clean and hygienic sanitary facilities with hand-washing stations is one of the primary responsibilities of event organizers. Considering the number of toilets and hand-washing stations that should be available, their location, access and maintenance will not only help prevent disease outbreaks, but will also ensure attendees have a pleasant experience.

REDUCE THE RISK

Event organizers can reduce the risk of illness by considering the following factors when determining the number of toilets, sinks and showers (see Tables 1, 2 and 3, below, for more details):

- · Event duration.
- Audience profile.
- Anticipated audience food and fluid consumption.
- Anticipated use during intervals and breaks in performance.
- Requirements for event-related temporary campsites.
- Provision of facilities for children or elderly people who may take longer to use a facility.
- Weather conditions and temperature.
- Provision of facilities for people with special needs (e.g., wheelchair accessibility). One toilet with handwashing facilities should be provided per 75 people with special needs.
- For campgrounds:
 - Consider supplying shower facilities onsite when overnight camping is provided.
 - Use the suggested minimum number of shower facilities in Table 3.
 - Locate campgrounds in locations with adequate drainage.

Use the following recommendations when determining sanitation requirements. A consultant or contractor could provide assistance in determining the appropriate numbers of sanitary conveniences.

- Locate toilets, sinks and showers so they:
 - o Provide protection from bad weather and tripping hazards.
 - Are on ground that is dry and likely to remain so.
 - o Are distributed around the venue (to minimize crowding and queuing problems).
 - Do not obstruct emergency routes.
 - o Are visible.
 - Are easily accessible to attendees and, if necessary, service vehicles.
- Ensure toilet blocks and individual units are adequately lit during the day and night.

¹ Division 2 of the Regulated Activities Regulation requires an operator of a public place meant for assembly or recreation to ensure the public has access to adequate sanitary facilities.

THIS FACT SHEET IS FROM PUBLIC HEALTH GUIDELINES: MAJOR PLANNED EVENTS (PROVINCE OF BRITISH COLUMBIA)

- Provide stable, nonslip surfaces for toilet block floors, ramps and steps.
- Protect connected pipe work to avoid damage.
- Screen urinal areas with a strong screen and enclose the area with appropriate security fencing.
- Provide baby-changing facilities, including receptacles for hygienic diaper disposal.
- Designate responsibility for routine cleaning by doing the following:
 - o Develop maintenance and cleaning schedules.
 - o Clean toilets throughout the duration of the event.
 - Provide an adequate supply of toilet paper, soap, paper towels and/or hand sanitizer or antiseptic hand wipes.
 - o Provide for disposal and removal of sanitary napkins.
 - Provide adequate cleaning supplies for staff.
 - Ensure availability of equipment and trained staff for emergency repairs and rapid clearance of blockages.

TABLE 1. RECOMMENDED NUMBER OF TOILET FACILITIES FOR EVENTS WHERE ALCOHOL IS NOT AVAILABLE

		Males			Females	
Patrons	Toilets	Urinals	Sinks	Toilets	Sinks	
<500	1	2	2	6	2	
<1,000	2	4	4	9	4	
<2,000	4	8	6	12	6	
<3,000	6	15	10	18	10	
<5,000	8	25	17	30	17	

TABLE 2. RECOMMENDED NUMBER OF TOILET FACILITIES FOR EVENTS WHERE ALCOHOL IS AVAILABLE

	Males			Females	
Patrons	Toilets	Urinals	Sinks	Toilets	Sinks
<500	3	8	2	13	2
<1,000	5	10	4	16	4
<2,000	9	15	7	18	7
<3,000	10	20	14	22	14
<5,000	12	30	20	40	20

TABLE 3. RECOMMENDED MINIMUM NUMBER OF SHOWER FACILITIES*

Gender	Toilets	Urinals	Sinks	Showers
Males	1 per 50	1 per 100	1 per 75	1 per 100
Females	1 per 25	N/A	1 per 75	1 per 100

^{*}Based on two to three nights of camping.

PROVIDE INFORMATION

- Provide clear signage on toilets and showers.
- Provide hand-washing signs.
- Provide clear directional signs on where toilets and showers are located.
- Provide prominent signs in baby-changing cubicles to ensure waste receptacles are used.

MONITOR HEALTH RISKS

- Ensure facilities are clean, sanitized and maintained throughout the event.
- Keep open communication with first aid and onsite medical staff with respect to such issues as gastrointestinal illnesses.

CHECKLIST

Each event is unique, with different requirements. Checklist items may or may not be applicable to your event.

TO DO:
Ensure your sanitary facilities are:
☐ Provided in sufficient number.
☐ Located away from food storage and food service areas.
☐ Well lit, including the surrounding area.
□ Well marked.
☐ Secured to prevent tipping.
☐ Easily accessible to service vehicles.
☐ Provided with waste receptacles for sanitary products and paper.
☐ Equipped with soap and hand-drying equipment.
☐ Fitted with syringe disposal units.
☐ Cleaned regularly and restocked throughout the event.
☐ Odour free.

BRITISH COLUMBIA'S HEALTH AUTHORITIES

First Nations Health Authority

Island Health http://www.viha.ca/ **Provincial Health Services Authority**

http://www.fnha.ca/ 1-866-913-0033

1-877-370-8699 Northern Health www.phsa.ca/ 604-675-7400

Fraser Health

http://www.fraserhealth.ca/

https://northernhealth.ca/

1-877-935-5669

250-565-2649

Interior Health http://www.interiorhealth.ca/ Vancouver Coastal Health http://www.vch.ca/

250-862-4200

1-866-884-0888

LEGISLATION

Occupational Health and Safety Regulation, 4.85 Washroom facilities.

http://www2.worksafebc.com/Publications/OHSRegulation/GuidelinePart4.asp?reportID=22356

Regulated Activities Regulation, Division 2 – Public Sanitary Facilities and Toilets.

http://www.bclaws.ca/civix/document/id/complete/statreg/161 2011

RESOURCES

Province of British Columbia. Public Health Guidelines: Major Planned Events.

http://www2.gov.bc.ca/gov/content/health/keeping-bc-healthy-safe/pses-mpes/major-planned-events

This site also includes the following fact sheets:

- Fact Sheet #1: Drinking Water
- Fact Sheet #2: Safe Food
- Fact Sheet #3: Sanitation:
- Fact Sheet #4: Solid and Liquid Waste Management
- Fact Sheet #5: Harm Reduction