# SAFE GAME MEAT HANDLING

Many parasites and diseases occur naturally in wildlife. Some can affect the health of people handling or preparing game meat. Harvested wild animals should be a healthy food source. This fact sheet provides basic precautions to ensure that hunters, their families, other animals, and the environment stay healthy.

# **GOALS:**

- Keep your meat safe to eat.
- Protect your family, your pets, and your own health.
- Recognize potential signs of disease in your harvested animal.

Game meat quality is affected by **temperature** and **cleanliness**.

## **BEST PRACTICES FOR KEEPING MEAT SAFE TO EAT:**

#### It's important to **cool the carcass rapidly after death**.

- Remove internal organs and do not puncture stomach(s) and intestines.
- Skin the carcass as much as possible. Keep the abdomen open and the carcass off the ground to maximize air flow.
   Or quarter and hang from a tree.
- Avoid leaving carcasses intact overnight. If unavoidable, ensure at a minimum the organs are removed.
- For larger animals, cooling is assisted by quartering and deboning.
- Be aware at all times that carnivores will be attracted to the carcass and your meat.

#### It's important to keep your meat clean.

- When skinning, keep feces, hair, and dirt off the meat and use meat bags.
- If the meat gets dirty, clean it as best you can.
- Clean your hands, knives, and tools often. If you don't have water, hand wipes and paper towels will help.
- If your meat smells sour or is green, it may not be safe to eat. Poor cooling and hygiene allows bacteria to grow and spoil the meat.
- When you get home, clean your tools with hot soapy water.

#### IS THE ANIMAL HEALTHY?

- Did you watch the animal, was it acting normally?
- Is the animal in good body condition?
- If you see something unusual take a picture or a sample. It may be a common finding and not affect the meat.

*TIP*: bring a camera and ziplock bags to take photographs, notes, and samples. Pictures will help wildlife staff identify abnormalities and give you the right information.

#### **PROTECT YOURSELF**

- Always use a sharp knife or blade. Dull blades are more likely to cause injury. Carry a sharpening stone or extra blades.
- Protect your skin and eyes by using disposible gloves and glasses.
- Travel with a first aid kit and your regular medications.

### CONSIDER CHRONIC WASTING DISEASE:

Chronic Wasting Disease (CWD) is a contagious disease that affects cervids (deer, elk, moose). The disease can be spread by moving infected cervid carcasses and tissues.

#### If you hunt...

Outside of B.C., do not return to B.C. with an intact cervid carcass.

Submit the head for CWD testing in that area.

Leave the high-risk tissues at the kill site and only bring back the processed meat and cleaned skull/hide.

High-risk tissues include the lymph nodes, brain, spinal cord, eyes, and spleen.

**In B.C.**, submit the cervid head to a local Wildlife or Conservation Officer Service office or CWD freezer drop-off station.

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Learn about the risks of CWD and how you can help: www.gov.bc.ca/chronicwastingdisease

