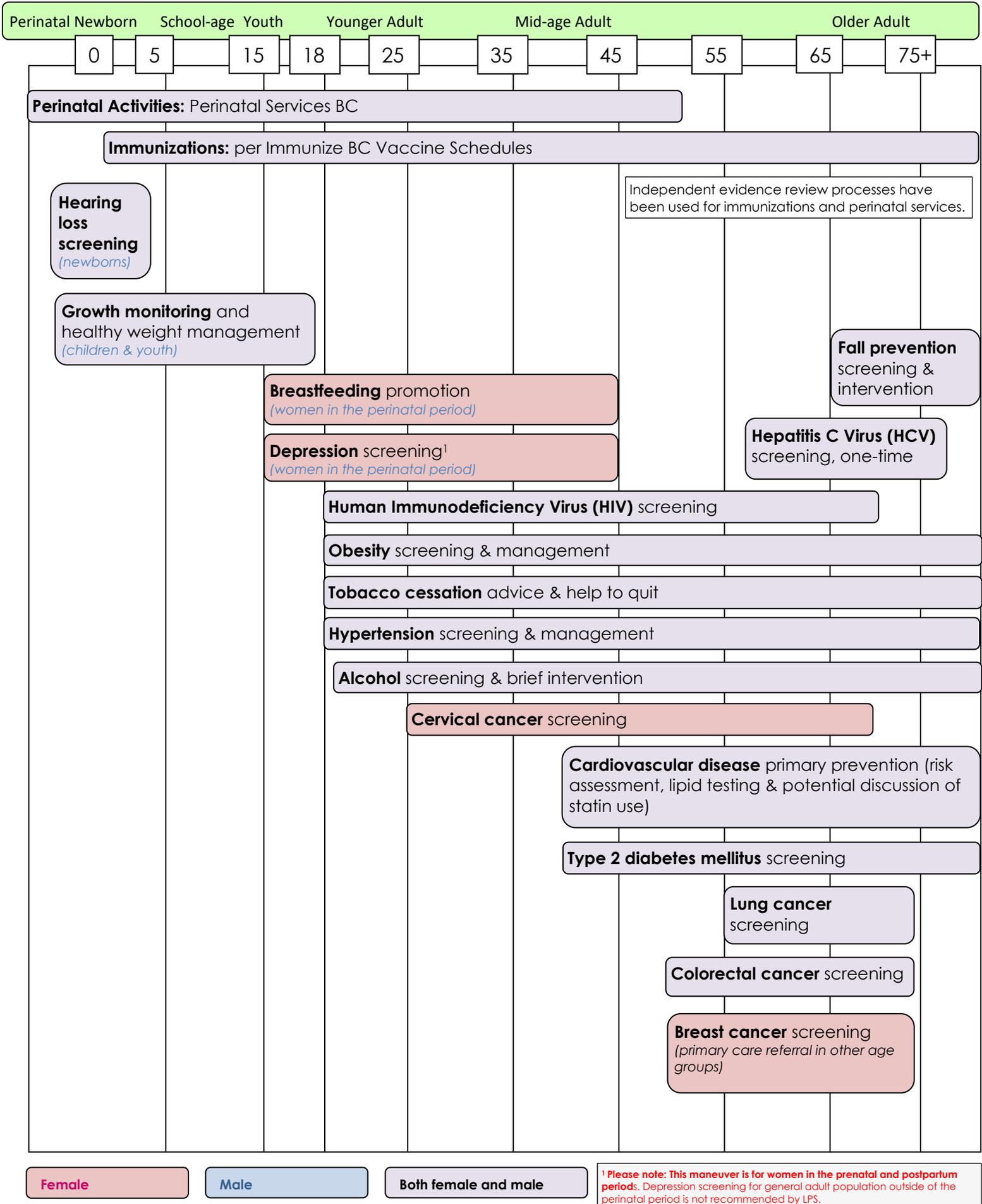


Lifetime Prevention Schedule Practice Guide 2023



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Perinatal Activities, various - see guidelines for intervals	Perinatal Services BC Guidelines & Standards
Immunizations, various - see vaccine schedules for intervals	Immunize BC Vaccine Schedules – assessed by <i>Communicable Disease Policy Advisory Committee BC Immunization Subcommittee</i>
Children and youth preventive services	
Hearing loss screening - newborn, once	PHSA BC Early Hearing Program Guidelines
Growth monitoring and intervention - children 0-17, routinely offer	WHO growth charts , BMI tool , Shapedown BC , HealthLink BC Eating & Activity Program for kids , Generation Health
Behavioural Interventions - Adults	
Breastfeeding promotion - women in the perinatal period, routinely, as applicable	Perinatal Services BC Guidelines
Tobacco cessation advice & help to quit, 19+, routinely offer	QuitNow BC (BC Lung Association), BC Smoking Cessation Program , HLBC resources and support + also see BCGuidelines.ca: Cardiovascular Disease (CVD) primary prevention
Screening for Asymptomatic Disease or Risk Factors - Adults	
Depression screening - women in the perinatal period, routinely as applicable	BC Reproductive Mental Health Program and Perinatal Services BC Best Practice Guideline
HIV screening - adults 18-70, routinely offer, every 5 years	Office of the Provincial Health Officer: HIV Testing Guidelines
Obesity screening & management - adults 19+, routine	BCGuidelines.ca: Overweight and Obese Adults , BMI tool + also see BCGuidelines.ca: CVD primary prevention
Alcohol screening & brief intervention - adults 19+, routine	BCGuidelines.ca: Problem Drinking and HealthLink BC
Cervical cancer screening - women 25-69, see guidelines for intervals	BC Cancer Agency Provincial Program Guideline + also see BCGuidelines.ca: Cervical Cancer
Cardiovascular disease - primary prevention (risk assessment, lipid testing & potential discussion of statin use) - adults ≥40 years, every 1-5 years	BCGuidelines.ca: CVD primary prevention , with lipid profile to determine medium & high risk + Appendix C: Lipid Testing
Type 2 diabetes mellitus screening - adults 40+, every 3 years	BCGuidelines.ca: Diabetes Care + also see BCGuidelines.ca: CVD primary prevention
Hypertension screening & management - adults 18+, at every appropriate visit	BCGuidelines.ca: Hypertension + also see BCGuidelines.ca: CVD primary prevention
Colorectal cancer screening - adults 50-74, every 2 years	BC Cancer Agency Provincial Program Guideline + BCGuidelines.ca: Colorectal Cancer
Breast cancer screening - women 50-74, every 2 years (<i>primary care referral in other ages</i>)	BC Cancer Agency Provincial Program Guideline + BCGuidelines.ca: Breast Cancer
Lung cancer screening - adults 55-74, 20+ years smoking history	BC Cancer Agency Provincial Program Guideline + BCGuidelines.ca: Lung Cancer
HCV screening - adults born from 1945-1965, one-time	BCGuidelines.ca: Viral Hepatitis Testing
Fall prevention screening & intervention - community dwelling adults ≥ 65 years	BCGuidelines.ca: Fall Prevention Risk Assessment and Management for Community-Dwelling Older Adults