



## Appendix 1: Point of care urine collection prior to urine culture<sup>1</sup>

### Urine Collection

Upon rising or at any time, collect urine in the C&S container provided.

1. Wash and dry hands.
2. Begin urinating into the toilet. Without stopping the flow of urine, place the container in the urine stream to collect some urine and remove the container before the urine stops flowing.
3. Close the container tightly, taking care not to touch the rim or the inside of the container with your fingers.

### Labelling:

1. Label the container with your name, date of birth, and the date of collection.

### Packaging:

1. Place the container in the bag provided and securely close the bag.
2. Fold any paperwork and place in the external pocket of the specimen transport bag.
3. This ensures the specimen will not leak onto the paperwork.

### Storage and Transport:

1. Refrigerate and bring specimen to the laboratory within one hour of collection.

### ► References

1. Patient Test Instructions – LifeLabs [Internet]. [cited 2020 Jun 2]. Available from: [www.lifelabs.com/patients/preparing-for-a-test/patient-test-instructions/](http://www.lifelabs.com/patients/preparing-for-a-test/patient-test-instructions/)