



CHRONIC KIDNEY DISEASE FLOW SHEET

This Flow Sheet is based on the Guideline, Chronic Kidney Disease Identification, Evaluation and Management of Adult Patients
Website: www.bcguidelines.ca



NAME OF PATIENT	SEX <input type="checkbox"/> M <input type="checkbox"/> F	AGE AT DIAGNOSIS	DATE OF BIRTH
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CARE OBJECTIVES	SELF MANAGEMENT (Discuss with patient)
DIAGNOSIS TYPE OF CKD: <input type="checkbox"/> HTN <input type="checkbox"/> POLYCYSTIC KD <input type="checkbox"/> DM <input type="checkbox"/> OTHER: _____ RENAL U/S (IF INDICATED) DATE: _____ RESULT: _____	<input type="checkbox"/> Explain diagnosis and implications of CKD <input type="checkbox"/> Self monitor with flow sheet <input type="checkbox"/> Review medication list (see reverse) <input type="checkbox"/> Discuss CVD risk assessment & management strategies <input type="checkbox"/> Kidney-specific education <input type="checkbox"/> Identify support team and resources <input type="checkbox"/> Smoking cessation: <i>Quit Now</i> 1 877 455-2233 <input type="checkbox"/> Weight, exercise and nutrition status <input type="checkbox"/> Promote psychosocial health
RISK FACTORS AND CO-MORBID CONDITIONS <input type="checkbox"/> Smoker <input type="checkbox"/> Diabetes <input type="checkbox"/> Atrial fibrillation <input type="checkbox"/> Asthma <input type="checkbox"/> Alcohol/Substance abuse <input type="checkbox"/> HTN <input type="checkbox"/> Other arrhythmia <input type="checkbox"/> COPD <input type="checkbox"/> Obesity (target BMI < 25) <input type="checkbox"/> CAD <input type="checkbox"/> Valvular HD <input type="checkbox"/> Liver disease <input type="checkbox"/> Other: _____ <input type="checkbox"/> Cardiomyopathy <input type="checkbox"/> PVD <input type="checkbox"/> Depression <input type="checkbox"/> CHF <input type="checkbox"/> Lipid abnormality	

VISITS						
DATE	BP	WEIGHT	LABS (most recent)			NOTES: CLINICAL STATUS, RISK STAGE, CARE OBJECTIVES AND FOLLOW-UP ISSUES
	every visit	Lbs Kg every visit	A1C (DM only) q3m	ACR q6-12m	Cr/eGFR q6m	
	< 140/90	BMI < 25	≤ 7%*	≥ 50% from baseline	Stable **	BASELINE REVIEW

REMINDERS: 1) ESTABLISH REGULAR VISIT & LAB WORK SCHEDULE 2) REFER TO NEPHROLOGY TEAM 3) *A1C TARGET MAY NOT BE APPROPRIATE FOR ALL POPULATIONS 4)** ΔeGFR < 10-15% ANNUAL DECLINE

ANNUALLY OR AS CLINICALLY INDICATED

LAB WORK (at least annually)

DATE	LIPIDS	POTASSIUM	MINERAL METABOLISM		
	LDL from baseline	K+ < 5.5	Ca 2.2 - 2.5	Phos 0.75 - 1.4	Albumin WNR

VACCINATIONS

Annual Flu:
 DATE DATE

Pneumovax:
 DATE DATE (in 5 years)

Hepatitis B (series completed):
 DATE

