

File No.: 2014: 0228: 0249

VERDICT AT CORONERS I NQUEST

FINDINGS AND RECOMMENDATIONS AS A RESULT OF THE CORONER'S INQUEST PURSUANT TO SECTION 38 OF THE CORONERS ACT, [SBC 2007] C 15, INTO THE DEATH OF

GEISHEIMER SURNAME			GIVEN NAMES			
An Inquest was held at	The Burnaby Coroners	Court , in the m	nunicipality of Bur	rnaby		
in the Province of British (Columbia, on the following	dates Septemb	per 7 – 16, 2016			
before: Donita Kuzma	a	, Presidin	g Coroner.			
into the death of	GEISHEIMER (Last Name)	Brian (First Name)	David (Middle Name)	30 ⊠ Male	e 🔲 Female	
The following findings wer	re made:					
Date and Time of Death:	December 28, 2014		2103 hours			
Diagram of Dageth	On railway tracks, nea Hwy and Manson Stre		•	esion BC		
Place of Death:	(Location)			Mission, B.C. (Municipality/Province)		
(1) Immediate Cause of E	•	Blunt Force Injuri	es			
Antecedent Cause if any:		estrian collision				
	Due to or as a	consequence of				
Giving rise to the immedicause (a) above, stating underlying cause last.	ate c) [
(2) Other Significant Conc Contributing to Death:	ditions					
Classification of Death:	☐ Accidental	Homicide	☐ Natural Suid	cide 🔲 Undete	rmined	
The above verdict certified	d by the Jury on the	16 day of	September	<u>r</u> AD, _	2016	
Donita Kuzma			Ollyma			
Presiding Corone	er's Printed Name		Presiding 0	Coroner's Signatur	e	



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GEISHEIMER

SURNAME

Brian David

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GIVEN NAMES

PARTIES INVOLVED IN THE INQUEST:

Presiding Coroner: Donita Kuzma

Inquest Counsel: Mr. Bryant Mackey

Court Reporting/Recording Agency: Verbatim Words West Ltd.

Mr. A. Howden-Duke, counsel for Fraser Health Authority, Mr. D. Pilley, counsel for Dr. Zia-Ui Haque, Dr. Abid Khattak, Dr. Onome

Participants/Counsel:

Agbahovbe, Ms. A. Srivastava, counsel for Abbotsford Police, and Ms.

Agoanovoe, Ms. A. Siivastava, counsel for Addotsford Police, and

S. Stanton, counsel for Attorney General of Canada, RCMP.

The Sheriff took charge of the jury and recorded 14 exhibits. 41 witnesses were duly sworn and testified.

PRESIDING CORONER'S COMMENTS:

The following is a brief summary of the circumstances of the death as set out in the evidence presented to the jury at the inquest. This is to assist in understanding, but does not replace, the jury verdict and recommendations. This summary is not evidence.

Brian David Geisheimer was a heavy duty mechanic and had been working in Trail until September 2014 when he became depressed and took a leave from his job. By November 2014, he was living with a friend in Port Moody. On December 13, 2014, the day before his 30th birthday, Mr. Geisheimer attempted suicide by carbon monoxide poisoning. He was found and taken to the emergency room at the Abbotsford Regional Hospital as it was the closest hospital with an oxygen chamber. He recovered, was assessed, and as he was still experiencing suicidal ideation, it was determined he fit the criteria to be retained involuntarily as per the Mental Health Act of B.C.

The jury heard testimony that when patients were admitted to the Abbotsford Regional Hospital psychiatric ward, they were assessed as to what level of observation they required. "Level one" patients were given hospital clothes to wear; they were checked on by staff every 15 minutes and they could not leave the psychiatric ward. "Level two" patients were checked on every 30 minutes, permitted to have their own clothing, could leave to go outside and smoke, and were allowed to leave the hospital on accompanied passes. "Level three" patients were permitted the same privileges as level two patients with the addition of 6 to 8 hour unaccompanied day passes.

Several hours after Mr. Geisheimer arrived in the emergency room, he was admitted to the psychiatry ward as a level one patient. However, soon after admission, he was allowed to have his own clothes and to go outside to smoke. On December 19, 2014, a family meeting was held. Mr. Geisheimer requested that neither of his parents attend this meeting. On December 25, Mr. Geisheimer was allowed a day pass to leave the hospital. His primary physician was away for the holidays and another psychiatrist saw Mr. Geisheimer on December 26, 27 and 28.



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On the morning of December 28, at 9 AM, Mr. Geisheimer was seen by the covering psychiatrist. Mr. Geisheimer became upset as this was too early in the morning for him and he requested to be seen later. When he met with the psychiatrist and nursing staff an hour and a half later, he became very agitated and walked out of the room. The psychiatrist changed Mr. Geisheimer's status from level two to level one, though nursing staff were not immediately aware of this. A few minutes later, Mr. Geisheimer walked off the unit dressed in his own clothes. Just before he left, he was heard to say "why don't you just let me finish what I started".

Between 11:15 and 11:30 AM, hospital staff contacted Mr. Geisheimer's father to tell him his son had left the ward. A "code yellow" missing patient response was initiated. Nursing staff contacted hospital security and asked for them to check the video records of the hospital security cameras to determine if Mr. Geisheimer had left the hospital. The psychiatrist was notified and he issued a Director's Warrant, as per the Mental Health Act. This would allow police to apprehend Mr. Geisheimer, should be he be located, and return him to hospital. At 12:05 PM, security staff were able to see on the video recording that Mr. Geisheimer had left the hospital. Nursing staff reported Mr. Geisheimer missing to the Abbotsford Police at approximately 12:15 PM. They called Mr. Geisheimer's mother to let her know he had left the hospital. Nursing staff called Mr. Geisheimer's cell phone several times in the afternoon. Family members searched for him and contacted the Mission RCMP detachment for assistance.

On December 28, 2014 at 9:03 PM (2103 hours), Mr. Geisheimer was struck by a train on the rail tracks near the Lougheed Highway in Mission. He sustained multiple blunt force injuries was pronounced deceased on scene.

Mr. Geisheimer's death was the first of three deaths of patients who died within 24 hours of leaving the Abbotsford Regional Hospital psychiatric ward. The other two deaths were those of Sarah Charles: B.C. Coroners Service case number 2015-0378-0078 and Sebastien Pavit Abdi: B.C. Coroners Service case number 2015-0378-0080. The deaths occurred between December 28, 2014 and April 26, 2015. All three deaths were examined during the inquest and all ruled suicide by the jury. The jury made one set of recommendations based on the circumstances of the deaths and the evidence and witness testimonies presented during the inquest.

The inquest focused on issues regarding family involvement in the care of their family member, family access to patient information, availability of supportive community resources, suicide risk assessment training and practices for health authority staff, and suicide prevention strategies. An expert witness from the Canadian Mental Health Society testified about the need for evidence based suicide intervention and prevention strategies.



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Pursuant to Section 38 of the Coroners Act, the following recommendations are forwarded to the Chief Coroner of

JURY RECOMMENDATIONS:

the Province of British Columbia for distribution to the appropriate agency:

To: Fraser Health Authority

1. Consider amending the Code Yellow policy with the following conditions: remove the differentiation between pre-code and code procedures; reconceptualise the flow chart and instructions so that procedure is followed based on risk factors/Mental Health Act certification; include the immediate request of police to ping the patient's cell phone if the patient is considered to be high risk and in possession of their cell phone; equip psychiatric units with radios to improve the efficiency of communication between staff when searching for the patient; and permit staff and possibily contractor, the ability to follow patients, if the elopement is witnessed, at a safe distance as far is possible, and with radios, in order to improve the accuracy of communication regarding the patient's whereabouts and police ability to safely locate and return the patient to the hospital. Staff should wait for response from the police pinging cell phone and then call patient.

Presiding Coroner Comment: The jury heard a Code Yellow is activated when a patient goes missing from or does not return to a hospital ward in the Abbotsford Regional Hospital. The jury heard evidence the flow chart showing Code Yellow actions was difficult to understand and that there were delays in the Code Yellow response on the day Mr. Geisheimer left the hospital. The Code Yellow ended once it was confirmed he left the hospital and his phone was not pinged.

2. Consider mandating the annual review of colour-coded policies for all hospital care providers and support staff.

Presiding Coroner Comment: The jury heard that hospital and security staff did not receive regular training in the Code Yellow response.

3. Consider implementing the use of documentation tools that are specific to the screening, comprehensive assessment and safety planning regarding suicide risk.

Presiding Coroner Comment: The jury heard an expert witness testify to the need for hospitals to consistently use documentation tools that are specific to the screening, comprehensive assessment and safety planning regarding suicide risk. Testimony and evidence presented revealed that hospital staff were inconsistent in their documentation of screening, comprehensive assessment and safety planning regarding suicide risk.



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4. Consider amending the Suicide Risk Management Clinical Practice Guideline by removing risk categorizations of low, medium and high and replace them with more fluid conceptualizations of suicide risk and the decision-making regarding care planning that follows.

Presiding Coroner Comment: The jury heard testimony from an expert witness that the Suicide Risk Management Clinical Practice Guideline could be improved by removing risk categorizations of low, medium and high and replace them with more fluid conceptualizations of suicide risk and the decision-making regarding care planning.

5. Consider implementing a policy akin to Vancouver Coastal Health Authority's Family Involvement Policy.

Presiding Coroner Comment: The jury heard testimony that family members felt they could have been better informed of and involved with the care of their loved ones. The jury heard that the Vancouver Coastal Health Family Involvement with Mental Health and Addictions Services Policy allowed for more information sharing with family, while still following the guidelines of B.C.'s privacy legislation.

6. Consider setting up a seperate admitting area in the emergency department for the intake of suicidal patients to maintain patient privacy.

Presiding Coroner Comment: The jury heard testimony the emergency room at Abbotsford Regional Hospital was not set up in a way that allowed for patients to have private communication with health care professionals.

7. The community care worker should review patient files when the patient is released from the hospital as it pertains to certification and decertification. Intention: to compare patient release conditions to intake conditions. This is to ensure that the patient is not being re-released into an environment that contains all of the same stressors that brought on acute care. If patient left the hospital against medical advice, the community care worker should be made aware of this.

Presiding Coroner Comment: The jury heard testimony that the community care workers did not have access to patient's hospital files, and there was no process to advise community workers if the patient left hospital against medical advice.

To: Fraser Health Authority Garda Security

8. Consider developing a procedure that allows quick access to video footage of patients who are the subject of a code yellow, and protocols that allow the footage to be immediately shared with police agencies when a Mental Health Act Warrant is enacted.



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Presiding Coroner Comment: The jury heard that were barriers to accessing video footage in a timely manner when a code yellow was implemented for Mr. Geisheimer.

9. Consider reviewing the response protocols for security guards with a view to improve and coordinate responses to colour coded incidents. Conduct mock colour code incidents on a regular basis.

Presiding Coroner Comment: The jury heard that hospital security guards could be better prepared in their responses to colour coded incidents.

To: Fraser Health Authority Health Minister of BC

10. Consider expanding the mandate of Critical Incident Stress Debriefing to support families and community care providers following a death by suicide.

Presiding Coroner Comment: The jury heard testimony from family members that they did not receive the emotional support from the Health Authority they felt they needed after the death of their loved one.

To: College of Physicians and Surgeons of British Columbia
The Royal College of Physicians and Surgeons of Canada
College of Family Physicians of Canada
College of Registered Nurses of BC
BC College of Social Workers

11. Consider enhancing the standards of documentation to require specific evidence (including chronology) of the care provider's assessment of suicide risk and development of a collaborative safety plan.

Presiding Coroner Comment: The jury heard evidence from an expert witness that the clinical and legal best practices for documenting suicide risk assessments and safety plans require the care provider to present rationale for their assessment of risk, supported by the evidence observed and provided by collateral sources, as well as a detailed safety plan that is client-specific and outlines different options for coping and support based on the circumstances of their predicted crises.

12. Consider mandating annual suicide risk assessment and management re-training for health care and behavioural health professionals in order to maintain registration.

Presiding Coroner Comment: The jury heard testimony from many care providers that they have not had any suicide risk assessment and management re-training since they graduated from their respective programs.



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To: College of Physicians and Surgeons of British Columbia
The Royal College of Physicians and Surgeons of Canada
College of Family Physicians of Canada
College of Registered Nurses of BC
BC College of Social Workers
BC College of Pharmacists

13. Consider creating an education program designed to educate all health care staff on the practical application of all the privacy laws regarding the sharing of health care information and mandate annual training and retraining as part of maintaining professional registration

Presiding Coroner Comment: The jury heard testimony that family members were often told that privacy laws prevented health care professionals from sharing any information about patients, There was no specific training provided to health care staff regarding application of privacy legislation.

To: Ministry of Public Safety and Solicitor General British Columbia Association of Chiefs of Police

14. Consider expanding the scope of Victim Services to provide access to trained trauma counsellors, and to include support for families involved in a BC Coroners Service inquest regarding their loved one's death.

Presiding Coroner Comment: The jury heard that family members did not receive the support they felt they needed to fully participate in the inquest process.

To: Chief Coroner of British Columbia

15. Consider creating policy that stipulates that toxicology examination be done for all deaths within 48 hours of discharge from a hospital psychiatric ward.

Presiding Coroner Comment: The jury heard evidence that no toxicology testing was performed in all three cases.

To: British Columbia Association of Chiefs of Police

16. Consider ensuring that all police agencies have equal and efficient access to "be on the lookout for" notices.

Presiding Coroner Comment: The jury heard evidence that "be on the look out notices" could be issued to all police agencies in a more timely and coordinated manner.



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To: British Columbia Association of Chiefs of Police Health Minister of BC

17. Consider implementing additional interdisciplinary crisis response teams, similar to Vancouver Island Health Authority's IMCRT program, so that more communities have access to emergent support, referral and hospital liaison services.

Presiding Coroner Comment: The jury heard evidence from an expert witness that crisis response teams play an important role in providing mental health care in the community and facilitating a smoother transition to hospital when needed.

To: Health Minister of BC

18. Consider revising the Guide to the Mental Health Act, 2005 Edition, in order to provide contemporary guidance to practitioners regarding the application of the Mental Health Act.

Presiding Coroner Comment: The jury heard evidence that the Guide to the Mental Health Act is dated.

19. Consider resourcing emergency departments and psychiatric programs with the addition of addictions counsellors, therapists, and additional social workers.

Presiding Coroner Comment: The jury heard evidence that emergency departments have limited social resources and that patients would benefit from the additional care and expertise that mental health and addictions practitioners can provide.

20. Consider developing and implementing a case management communication system so that all involved inpatient and community care providers have access to the same information regarding the client's background (*including family/emergency contacts*) and plans for care and can engage in more assertive, collaborative ways to meet the needs of their clients.

Presiding Coroner Comment: The jury heard evidence that, while some programs were designed to be more collaborative and allow for the ease of information-sharing between care providers (like in the case of Mr. Abdi), there were gaps between other services in the health care system that increased the risk of mental health and addictions professionals receiving limited, or misinformed information about the clients in their care (as was the case for Ms. Charles).



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To: Health Minister of BC

Ministry of Children and Family Development

21. Consider increasing funding to provide evidence-based therapy methods to clients in both inpatient and community settings with a focus on treating emotion dysregulation and suicidal behaviour.

Presiding Coroner Comment: The jury heard evidence from an expert witness that there was limited access to evidence-based therapy methods. The witness also testified that evidence based therapies were available in other jurisdictions.

22. Consider increasing resources to community mental health teams to reduce general waitlists, and to be able to respond to urgent referrals within a brief period of time and make contact with the patient before discharge from hospital.

Presiding Coroner Comment: The jury heard evidence that Mr. Geisheimer felt restless and lacking in support while in hospital. The jury also heard evidence from an expert witness that the risk of transitioning a patient from an inpatient to community setting can be mitigated by facilitating a more relationally-based transfer of care.

23. Consider adopting trauma-informed care principles as established by the BC Provincial Mental Health and Substance Use Planning Council. Specifically, consider how the principles of trauma awareness; an emphasis on safety and trustworthiness; the opportunity for choice, collaboration and connection; and strengths-based skill building apply to assessing, diagnosing and treating mental health conditions, substance use, and suicide risk, as well as to the involvement of family members and community supports in the care planning process.

Presiding Coroner Comment: The jury heard evidence that Ms. Charles endured multiple traumatic experiences that impacted her health and well-being and that these experiences were not adequately or consistently reflected within her assessments or care plans.

To: Health Minister of BC First Nations Health Authority

24. Consider increasing funding to create additional licensed recovery houses and local detoxification programs across the Province of British Columbia to support clients seeking recovery from problematic substance use.

Presiding Coroner Comment: The jury heard evidence that Ms. Charles struggled to locate appropriate resources to support her recovery from problematic substance use.



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To: Health Minister of BC Health Minister of Canada

25. Consider mandating the implementation of systematic and evidence-based suicide safer care initiatives across health care settings and health authorities in order to address the following: developing and evaluating leadership, policies and practices as they relate to safer suicide care; regulating the training of multidisciplinary care providers; improving the identification and treatment of suicide risk; engaging clients throughout the health care system; strengthening the process of planning for transitions and maintaining continuity of care between care providers; and conducting audits relevant to improving the standard of care.

Presiding Coroner Comment: The jury heard testimony from an expert witness that health care systems can improve on providing suicide safer care by implementing evidence-based, systems-wide approaches to quality improvement.

To: Health Minister of Canada

26. Consider developing and implementing a national strategy for suicide prevention as advocated by the Canadian Association for Suicide Prevention and the Federal Framework for Suicide Prevention Act.

Presiding Coroner Comment: The jury heard testimony from an expert witness that Canada is one of the few industrialized countries that does not have a national suicide prevention strategy.