

Lesson Plan for “Fire Safety Starts with You!”

Children’s Fire Prevention Week Program - 2017

Key Points	Resources and Notes
<p>Students can be a powerful influence on family and loved ones by taking home fire safety messages learned at school.</p> <p>A great tool for helping them learn about fire safety is The “Fire Safety Starts With You!” activity pamphlet. It is intended to be discussed in class and then taken home to be shared with family members.</p> <p>This lesson focuses on helping students and their families understand that working smoke alarms save lives and how to prepare a home fire escape plan.</p> <p>Plan for two ways out – a door, a window or the stairs and don’t forget to practice.</p> <p>The lesson is divided into specific objectives focusing on:</p> <ul style="list-style-type: none"> • Learning about smoke alarms • creating and practicing a home escape plan • a quiz that tests children’s fire safety knowledge, and • fun activities that children can enjoy doing while learning safety. <p>Introduction</p> <ul style="list-style-type: none"> • While preparing to deliver this lesson it may be helpful to review the Fire Prevention Week Campaign information posted at: http://www.nfpa.org/safety-information/fire-prevention-week on the National Fire Protection Association website. The information reinforces why everyone needs to have an escape plan, introduces the realities of fire and speaks to the importance of fire prevention. <p>During Fire Prevention Week (October 8-14, 2017) distribute one “Fire Safety Starts with You!” activity pamphlet to each student in your class. The 2017 Fire Prevention Week theme is “EVERY SECOND COUNTS: Plan 2 Ways Out!”. The program for this year focuses on raising awareness and the importance of having a family fire escape plan.</p>	<p>“Fire Safety Starts With You!” activity pamphlet.</p>

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<p>The activity pamphlet addresses the preparation of a family fire escape plan. The pamphlet also teaches students what to do in the event of a fire and what to do if the smoke alarm sounds.</p> <ul style="list-style-type: none"> • There are several different topics covered in the activity pamphlet. It is recommended that you discuss one topic per day during Fire Prevention Week. To reinforce learning review each topic from the previous day before proceeding to the next topic. Practicing where possible, is important because it increases the likelihood that people will make the safest choices during an actual emergency. • Discuss the meaning of the word “prevention”. Introduce the idea that many home fires can be prevented and that students have the power to help make their home a safer place. • Introduce the topics covered in the “Fire Safety Starts with You!” activity pamphlet: <i>learning about smoke alarms, planning and practicing a home escape plan, sharing the knowledge gained with family members, assessing family/household safety through a quiz and demonstrating fire safe behaviors.</i> • Use the “Fire Safety Starts with You!” activity pamphlet as a guide. <ul style="list-style-type: none"> - Draw a map of your home (PDF) with all members of your household, marking two exits from each room and a path to the outside from each exit. - Practice your home fire drill twice a year. Conduct one at night and one during the day with everyone in your home, and practice using different ways out. - Teach children how to escape on their own in case you can’t help them. - Make sure the number of your home is clearly marked and easy for the fire department to find. - Close doors behind you as you leave – this may slow the spread of smoke, heat, and fire. - Once you get outside, stay outside. Never go back inside a burning building. - Choose a safe meeting place outside your home. 	

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<p>Objective #1 – Quiz Time - Learning about fire safety including smoke alarms</p> <ol style="list-style-type: none"> 1. Children should be taught to identify the sound of a working smoke alarm. Press the test button on a smoke alarm as a demonstration. Warn them first. 2. What is your smoke alarm telling you if it “chirps? That means the battery is low and a new battery needs to be installed. Demonstrate the sound with a low battery and then show how the battery is changed (which is something a parent or adult would do) and then test the alarm to show that it is working. Testing the battery is something that we do “Once a Month”! 3. Ask students if they know anyone who has experienced a home fire and where or how the fire started. Emphasize that in addition to cooking, electrical, heating appliances and smoking materials are also major causes of home fires. 4. Ask students to complete the <i>Quiz Time activity</i> in the “Fire Safety Starts with You!” activity pamphlet. 5. Explain that this activity was developed to have them think about words regarding smoke alarms, a family escape plan and fire safety. 6. Discuss the importance of having working smoke alarms and where they should be located. Also, telling a responsible adult that: <ul style="list-style-type: none"> - Once a month – test your smoke alarms using the test button. If the smoke alarm doesn’t make a sound replace the battery. If it still doesn’t work replace the smoke alarm. - Change the battery in your smoke alarm according to manufacturer’s instructions or when you hear the low battery alarm. - Smoke alarms should be replaced every 10 years. - You know how old all the smoke alarms are in your home. <p>To find out how old a smoke alarm is, look at the date of manufacture on the back of the alarm; the alarm should be replaced 10 years from that date.</p> 	<p>Have a smoke alarm to demonstrate the sounds</p> <p>Visit: http://www.nfpa.org/public-education/campaigns/fire-prevention-week/teaching-fpw</p> <p>Sing and dance along with SteveSongs as Rosealie and her little brother learn about smoke alarms</p> <p>“Fire Safety Starts With You!” activity pamphlet - Quiz Time!</p>

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<p>Objective #2 – Home Fire Escape Planning</p> <ol style="list-style-type: none"> 1. Ask students what they would do if they heard the fire alarm at school. Ask how their exit plan would be different at home. Explain that a fire escape plan is a way to prepare in case of a fire. Explain the importance of creating a home fire escape plan. 2. Emphasize that all family members must know how to respond to a fire emergency by regularly practicing a home fire escape plan. Home fire escape plans should show two ways out of every room and that windows and locks must open easily. Once outside all family members should gather and stay at the Family Meeting Place! 3. Ask students to complete the <i>Home Fire Escape Plan</i> in the “Fire Safety Starts with You!” activity pamphlet. They may take this home and complete the plan with all family members. Once completed it can be discussed in the classroom. Other students will learn and may adopt some safe practices from other families. 4. Emphasize that practice is the key when it comes to escape plans. It is not enough just to have a fire escape plan – to escape safely from a home fire you’ve got to make sure that everyone has also practiced the plan. 5. Ask students what could be a suitable meeting place. 6. Ask students if they know their emergency number. <p>Note: Fires grow fast and are hot and deadly. A fire in a modern home can become life threatening in as little as three minutes. Toxic gases from a fire can reach temperatures in excess of 700°C or more and scorch the lungs in one breath. In addition, smoke from fires can be dark and obscure visibility, irritate the eyes and breathing passages and can cause confusion due to lower levels of oxygen. People have become disoriented in fires in their own homes. In a fire seconds count. Escaping a fire must happen very quickly – within a few minutes. Fires can grow very rapidly and there may be only a few minutes (three minutes or less according to the latest research) before conditions become fatal in a house fire. Practicing an escape plan ahead of time makes the actual response quicker and a more appropriate reaction.</p> <p>Objective #3 Can You Find the Differences!</p> <ol style="list-style-type: none"> 1. Ask students to find the 7 differences in the pictures. 	<p>“Fire Safety Starts With You!” activity pamphlet - Home Fire Escape Plan</p> <p>Plan 2 Ways out of each room!</p> <p>NFPA also provides a map.</p> <p>Draw a map of your home (PDF) with all members of your household, marking two exits from each room and a path to the outside from each exit.</p> <p>“Fire Safety Starts With You!” activity pamphlet - Can You Find the Differences?</p>

