

Issues and Barriers Affecting Service Delivery

Emotion	Impact
Fear (of or for trafficker, of police/authorities, of deportation).	<ul style="list-style-type: none">• Reluctance to meet people, to be alone, to go outside.• Anxiety.• Shaking or heart racing.• Difficulty sleeping or concentrating.• Reluctance to accept services for fear of consequences for self or family.
Shame and guilt.	<ul style="list-style-type: none">• Difficulty making eye contact.• Difficulty expressing thoughts or feelings, details of events and experiences.• Reluctance to undergo interviews and physical exams.
Lack of trust.	<ul style="list-style-type: none">• Distrustful or suspicious of service providers' intentions.• Reluctance to disclose information, or may provide false information.• Difficulty establishing healthy relationships with support persons and others.
Mistrust of self, low self-esteem.	<ul style="list-style-type: none">• Difficulty making and trusting own decisions.• Difficulty planning for future.• Blames self for situation.
Dependence and subservience.	<ul style="list-style-type: none">• Reluctance to make decisions.• Desire to please.• Easily influenced.• Difficulty asserting themselves.