



Update on Mainpro+® Credits for Family Physicians

New Mainpro+® System

On June 27th, 2016, the College of Family Physicians of Canada (CFPC) launched the new Mainpro+® system for continuing professional development (CPD), which introduced a number of changes:

- New reporting cycle start and end dates: July 1st to June 30th
- Mandatory online credit reporting
- New credit categories (to replace “accredited” and “unaccredited”):
 - **Certified CPD:** Activities that have been reviewed and approved by the College as meeting standards for certified CPD.
 - **Non-certified CPD:** Activities that have not been formally reviewed by the College but that comply with the College’s definition of CPD, are non-promotional in nature, and provide valuable professional learning opportunities.
- New activity categories (to replace M1, M2, and C):
 - **Group Learning:** Activities that provide opportunities to learn with others.
 - **Self-Learning:** Activities planned and implemented by the individual, outside the context of a group.
 - **Assessment:** Activities that stimulate learning through the analysis of data or provision of feedback about an individual or group’s performance.

During each five-year reporting cycle you must earn and report a minimum of 250 credits, of which at least 125 must be certified. A minimum of 25 credits must be earned and reported each year.

Non-Certified Mainpro+® Credits

Members of the CFPC may earn non-certified Mainpro+® credits for working with BC Guidelines in a number of ways. For example:

- Serving on a GPAC committee or working group could count towards non-certified self-learning credit.
- Participating as an external reviewer for new or revised BC Guidelines could count towards non-certified assessment credit.
- Self-study of BC Guidelines and resources could count towards non-certified self-learning credit.

Physicians may claim **one non-certified credit for each hour** that they spend in the activity. There are no activity maximums for the self-learning or assessment categories. Non-certified Mainpro+® credits must be self-reported by physicians through the CFPC Mainpro+® portal at: <http://www.cfpc.ca/Login>.

For more information, see the Mainpro+® Activity Guide at: http://www.cfpc.ca/uploadedFiles/CPD/Mainpro_Grid_graphic_ver3.pdf.

Certified Mainpro+® Credits through Linking Learning Activities

With the launch of Mainpro+®, family physicians now have more opportunities to earn certified Mainpro+® credits through the expanded Linking Learning exercise categories. Linking Learning exercises are self-administered, semi-structured exercises that provide you with the opportunity to earn **five certified Mainpro+® credits** by reflecting on issues or questions that arise in your practice.

Each Linking Learning exercise requires you to formulate a question to ask or a scenario to describe on the online form. After a period of reflection (typically 6-12 weeks), you can complete the reflection questions on the Linking Learning form.

There are two Linking Learning activities that are most likely to relate to GPAC activities:

Linking Learning to Assessment (Certified Assessment):

Acting as an external reviewer for a new or revised guideline, or assessing your own practice in relation to a BC Guideline, could act as an assessment activity for a Linking Learning to Assessment exercise. In the online form, you must describe:

- the assessment activity and its outcome;
- whether you anticipate the experience benefiting your practice, and if so, what these benefits might be; and
- reflections on what you would do differently next time and what resources would support you in advancing your understanding of the assessment activity.

Linking Learning to Administration (Certified Self-Learning):

Committee or working group participation related to BC Guidelines is administrative work that could be the subject of a Linking Learning to Administration exercise. In the online form, you must describe:

- the administrative work undertaken and your role;
- feedback received related to your contribution to administrative work;
- how the experience benefits patient care and other aspects of practice; and
- reflections on what you would do differently next time, opportunities needed to advance your learning, and what you will take from the work experience and apply to your practice.

All of the Linking Learning forms are available to CFPC members through the Mainpro+ portal at: <http://www.cfpc.ca/Login> .

All submitted Linking Learning exercises must be approved by the CFPC before credit is granted. You may complete as many Linking Learning exercises as you like in a five-year cycle. For more information on Linking Learning exercises, see: http://www.cfpc.ca/Linking_Learning_exercises/