



## Appendix F: Typical Home Drug Kit and Subcutaneous Medication List

### Contents of typical home drug kit \*<sup>1</sup>

<ul style="list-style-type: none"> <li>• Atropine 1% drops – 5 mL bottle</li> <li>• Dexamethasone 100 mg/10 mL – 1 vial</li> <li>• DimenhyDRINATE 50 mg/mL – 8 amps</li> <li>• Fentanyl 25 mcg/hr patch – 2 patches</li> <li>• Fentanyl 50 mcg/hr patch – 2 patches</li> <li>• Glycopyrrolate 0.4 mg/2 mL – 5 vials</li> <li>• Haloperidol 5 mg/mL – 4 amps</li> <li>• Hydromorphone 2 mg/mL – 10 vials</li> <li>• Hydromorphone 10 mg/mL – 10 vials</li> </ul>	<ul style="list-style-type: none"> <li>• Hydromorphone 50 mg/mL – 2 vials</li> <li>• Lorazepam 1 mg sublingual – 16 tablets</li> <li>• Methotrimeprazine 25 mg/mL – 12 amps</li> <li>• Metoclopramide 10 mg/2 mL – 8 vials</li> <li>• Midazolam 5 mg/mL – 5 vials</li> <li>• Morphine 10 mg/mL – 20 amps</li> <li>• Morphine 50 mg/mL – 10 vials</li> <li>• Phenobarbital 120 mg/mL – 8 amps</li> </ul> <p>* All injectables are 1 mL size unless otherwise noted</p>
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Availability, usage procedures, and contents of emergency drug kits vary throughout the province; contact your local Home Health Care Office or Palliative Care Team for information.

### Medications that may be given by the subcutaneous (SC) route in the primary setting<sup>2</sup> (maximum volume per SC injection site = 2 mL)

<ul style="list-style-type: none"> <li>• Atropine (0.6 mg/mL)</li> <li>• Calcitonin</li> <li>• Chlorpromazine (25 mg/mL)</li> <li>• Clodronate (30, 60 mg/mL)</li> <li>• Dexamethasone (4 mg/mL)</li> <li>• Dimenhydrinate (Gravol® 50 mg/mL)*</li> <li>• Diphenhydramine (Benadryl® 50 mg/mL)</li> <li>• Epinephrine</li> <li>• Fentanyl (50 mcg/mL)</li> <li>• Furosemide (10 mg/mL – note max. 20 mg.SC/site)</li> <li>• Glycopyrrolate (0.2 mg/mL)</li> <li>• Haloperidol (5 mg/mL)</li> <li>• Heparin</li> <li>• Hydromorphone (2,10, 50 mg/mL)</li> <li>• Hyoscine butylbromide (20 mg/mL)</li> <li>• Ketamine (10 mg/mL)</li> </ul>	<ul style="list-style-type: none"> <li>• Ketorolac (30 mg/mL)</li> <li>• Lidocaine</li> <li>• Lorazepam (4 mg/mL)</li> <li>• Low molecular weight heparin</li> <li>• Loxapine (50 mg/mL)</li> <li>• Methylalntrexone (Relistor®) (20 mg/mL)</li> <li>• Midazolam (5 mg/mL)</li> <li>• Methotrimeprazine (Nozinan®) (25 mg/mL)</li> <li>• Metoclopramide (5 mg/mL)</li> <li>• Morphine (10, 50 mg/mL)**</li> <li>• Naloxone (0.4 mg/mL)</li> <li>• Octreotide</li> <li>• Ondansetron (2 mg/mL)</li> <li>• Potassium Chloride (2 mEq/mL)</li> <li>• Phenobarbital (120 mg/mL)</li> <li>• Ranitidine (25 mg/mL)</li> <li>• Scopolamine (0.4, 0.6 mg/mL)</li> <li>• Sufentanil (50 mcg/mL)</li> </ul>
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\* caution – sterile SC abscesses and skin necrosis

\*\* caution – SC nodules if concentration > 50 mg/ml

### References

1. Fraser Health Hospice Palliative Care. Palliative Care Kit Package. Fraser Health, B.C. Revised 2009.
2. Cherny N, Fallon M, Kaasa S, et al. Oxford Textbook of Palliative Medicine: 5th ed. New York: Oxford University Press; 2015.
3. Twycross R, Wilcock A, Dean M, et al. Palliative care formulary (Canadian edition). Nottingham: Palliative drugs.com Ltd; 2010.