

## Appendix D Angiotensin Receptor Blockers (ARBs)

### Beneficial Subsets

- NYHA Class II-IV
- ARBs are not first-line agents and are reserved for patients intolerant of ACE-I or BB or for patients in NYHA class II and IV HF despite treatment with both ACE-I and BB

### Contraindications, considerations, monitoring and dealing with side-effects

- See above – Same as ACE-I
- Note: Angioedema may recur with ARBs

	STARTING DOSE	TARGET DOSE
Candesartan (Atacand®)	4 mg daily	32 mg daily
Valsartan (Diovan®)	40 mg BID	160 mg BID
Losartan (Cozaar®)	25 mg daily	100 mg daily
Telmisartan (Micardis®)	40 mg daily	80 mg daily
Irbesartan (Avapro®)	75 mg daily	300 mg daily